

# **Product Portfolio**



## HS Creations Can Spice Up Your Meals

About the herb and spice blends from HS Creations, LLC.

#### Introduction

Are you tired of bland and boring meals? Do you want to add some flavor and variety to your dishes? Do you care about the quality and freshness of the ingredients you use? If you answered yes to any of these questions, then you need to try HS Creations, LLC.

HS Creations stands for Herb & Spice Creations, reflecting a passion and expertise in blending herbs and spices. We ensure that our organic, non-GMO products are free of preservatives, additives, and fillers.

#### Quality

We use only the finest quality ingredients in our herb and spice blends. We source our herbs and spices from certified suppliers who follow organic and sustainable farming practices. We carefully select and blend our ingredients to create unique and delicious flavors that you won't find anywhere else. We also test our products for purity, potency, and freshness to ensure that you get the best possible product every time.

### Variety

We have blends tailored to a variety of dietary preferences and needs, such as Onion & Garlic Free, Salt-Free, Vegan, and many other dietary needs. We offer more than 55 different blends, ranging from American classics like Cattleman's Blend and Cowboy Butter to more exotic flavors like Bahārāt Blend (Turkish) and Rani Blend (Garam Masala). With our herb and spice blends, you can transform any meal into a gourmet experience.

### How to Order from HS Creations

You can order from our website at www.hscreations.com. We have a secure and easy checkout process, and we accept all major credit cards and PayPal. We offer free shipping on orders above \$25. You can expect to receive your order within 3 to 5 business days, depending on your location. You can also track your order status and delivery confirmation online. You can also contact their customer service team at sales@hscreations.com if you have any questions or concerns.

### See the products we offer in the pages that follow!



We are thrilled to invite you to join our exclusive Blend Club, where you can indulge in the finest gourmet blends that will be delivered right to your doorstep every three months! We believe that you deserve the best, and that's why we've created a unique community that offers more than just blends. As a member, you'll have access to our online community, where you can connect with other foodies, share your experiences, and get inspired by pairing suggestions and sample recipes. You'll also receive special gifts that will make you feel appreciated and valued.

Joining the Blend Club is easy, and we have two membership levels to choose from: Basic and VIP. The details and differences between the two levels are listed below, so you can choose the one that suits you best.

We know that timing is everything, and that's why we encourage you to order within the first month of the three-month period to receive the blends for that period. However, even if you miss the deadline, we'll still make sure that you receive your blends in the next three-month period. We'll also keep you informed by sending you an email a month before each shipment, so you know what blends we've chosen. If you have any dietary restrictions, don't worry, you can request substitutions, and we'll make sure that you get what you need.

Managing your membership, rewards, and discounts is easy with your own account on our website www.HSCreations.com. We believe in offering flexibility, and that's why we have a no-minimum commitment policy. You're free to cancel at any time, no questions asked.

Frequency: Ouarterly, club members will receive our selection of Gourmet, Handcrafted, Organic, Healthy, Fresh Blends. Cancel at any time, there is no minimum commitment.

> Basic Membership Benefits: Basic Membership includes: • Three 4-ounce containers of our curated selection of Blends. • Pairing suggestions for each Blend. • Sample recipes. • Store-wide 5% off all product purchases

VIP Membership Benefits: VIP Membership includes all of the Basic Membership benefits with the following upgrades: • An extra Bonus, 4-ounce, members-only Blend!

- Sample recipes.
- Special VIP bonus gifts.
- Store-wide 10% off all product purchases.
- A 5% coupon code to share with your friends.



## Blends





### Al Pastor Blend (Taco)



Are you craving for a mouthwatering and authentic Mexican dish? Do you want to impress your family and friends with a simple and flavorful recipe? Then you need to try our Al Pastor Blend (Taco), a special blend of spices that will transform any meat into a succulent and tender taco filling.

Al Pastor Blend (Taco) is inspired by the traditional Al Pastor, a spit-grilled pork dish that originated from the Lebanese shawarma. Our blend captures the essence of the Mexican adobada marinade, with a balance of chili pepper, onion, cumin, paprika, garlic, and kosher salt. You don't need a vertical spit to cook with our blend. Just mix it with your choice of meat, such as pork, chicken, beef, or even tofu, and cook it in a skillet or a slow cooker. You'll get a juicy and aromatic meat that will make your tacos irresistible.

Whether you're hosting a taco night, a family dinner, or a casual get-together, our Al Pastor Blend (Taco) will make your meal a hit. You can serve it with tortillas, salsa, cilantro, lime, and any other toppings you like. It's also great for salads, burritos, nachos, and more. With our Al Pastor Blend (Taco), you can enjoy the rich and complex flavors of Mexican cuisine in the comfort of your own home. Order yours today and discover the difference of HS Creations – Handcrafted, Organic, Healthy, Fresh Blends.

#### The ultimate spice mix for your fajita or taco cravings.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Chili Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Chili Pepper, Onion, Cumin, Paprika, Garlic, & Kosher Salt.

Taste: Our Blend is a mild, rich, and full-flavored Mexican Blend!

Suggested Pairings: Meats (Various Kinds), Poultry, Seafood, & Dips.

Flavor Notes: Pungent, Spicy, Earthy, Hot, Salty, Smoky, & Sweet.

Collections: American, Globally Inspired, Kid Friendly, Party Prep, & Vegan.





### Argentinian Blend (Chimichurri)



If you love the taste of grilled meats with a zesty and herbaceous sauce, you will love our Argentinian Blend (Chimichurri). This blend is inspired by the traditional chimichurri sauce from Argentina, which is used to marinate and baste meats, as well as to drizzle over them before serving. Our blend contains organic and handcrafted ingredients, such as basil, oregano, parsley, kosher salt, thyme, savory, smoked paprika, black pepper, garlic, and red pepper. These spices create a balanced and complex flavor that enhances any dish.

Our Argentinian Blend (Chimichurri) is not only delicious, but also healthy and fresh. We use only the finest quality ingredients, sourced from trusted suppliers, and we make our blends in small batches to ensure freshness and quality. Our blends are also free of preservatives, additives, fillers, and artificial flavors. You can enjoy our Argentinian Blend (Chimichurri) without worrying about any hidden or harmful ingredients.

Our Argentinian Blend (Chimichurri) is also very versatile and easy to use. You can simply mix it with olive oil and vinegar to make a quick and authentic chimichurri sauce, or you can use it as a rub for meats, poultry, fish, or vegetables. You can also add it to butter, mayonnaise, yogurt, or cream cheese to make a delicious spread or dip. You can even sprinkle it over salads, soups, pasta, rice, or potatoes to add some extra flavor and color. With our Argentinian Blend (Chimichurri), you can create endless possibilities of mouthwatering dishes. Order yours today and discover the difference of HS Creations – Handcrafted, Organic, Healthy, Fresh Blends.

#### You'll love how this makes your steaks even more delicious!

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Red Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Basil, Oregano, Parsley, Kosher Salt, Thyme, Savory, Smoked Paprika, Black Pepper, Garlic, & Red Pepper.

Taste: Our Blend is flavorful, with a subtle heat, balanced by fine tanginess and garlic finish.

Suggested Pairings: Meats (Various Kinds), Fish, Poultry, & Eggs.

Flavor Notes: Herbaceous, Floral, Pungent, Cooling, Earthy, Hot, Nutty, Peppery, Piney, Salty, Savory, Slightly Minty, Smoky, & Sweet.

Collections: Globally Inspired, Grilling Inspired, Kid Friendly, & Vegan.





### Aussie Blend



If you love the taste of Australian barbecue, you'll love Aussie Blend, the spice mix that captures the essence of Down Under. Aussie Blend is a blend of paprika, celery, coriander, dry mustard, kosher salt, onion, thyme, black pepper, and cayenne pepper, carefully crafted to create a balanced and flavorful seasoning for your meats, veggies, and sauces.

Aussie Blend is not just delicious, it's also healthy and organic. It contains no artificial flavors, colors, preservatives, or fillers. It's gluten-free, vegan, and low in sodium. It's made with the finest ingredients, sourced from trusted suppliers, and hand-mixed in small batches in California. Whether you use it on the grill, in the oven, or on the stove, Aussie Blend will add a touch of Aussie magic to your dishes.

Don't miss this chance to experience the authentic Australian BBO flavor with Aussie Blend. Order yours today and get ready to impress your family and friends with your culinary skills. Aussie Blend is the perfect gift for any occasion, or a treat for yourself. You'll never get bored of this versatile and tasty spice mix. Try it today and see why Aussie Blend is the ultimate Australian BBO seasoning.

#### A must-have for sizzling summer grill-outs!

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Cayenne Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Paprika, Celery, Coriander, Dry Mustard, Kosher Salt, Onion, Thyme, Black Pepper, & Cayenne Pepper.

Taste: Our Blend brings a subtle pepper taste, that is bold but not overpowering to the palate!

Suggested Pairings: Meats (Various Kinds), Poultry, Seafood, & Eggs.

Flavor Notes: Pungent, Spicy, Slightly Bitter, Earthy, Floral, Fruity, Herbaceous, Hot, Nutty, Peppery, Piney, Salty, Smoky, & Sweet.

Collections: Globally Inspired, Kid Friendly, & Vegan.





### Bahārāt Blend (Middle Eastern)



If you are looking for a way to spice up your dishes with a touch of exotic flavor, look no further than Bahārāt Blend by HS Creations. Bahārāt is a traditional spice mix used in Middle Eastern cuisines, from Turkey to Iran. It is a blend of paprika, red pepper, turmeric, black pepper, cardamom, cinnamon, cumin, kosher salt, allspice, ginger, clove, and coriander. Each of these spices adds a unique dimension to the blend, creating a complex and balanced aroma and taste.

Bahārāt Blend can be used to season meat, poultry, fish, rice, vegetables, soups, and stews. It can also be mixed with olive oil and lemon juice to make a marinade or a dressing. You can use it to make delicious dishes like Bahārāt Chicken Tenders, Lamb Kebabs, Roasted Cauliflower, or Moroccan Lentil Soup. Whether you want to add some heat, some sweetness, or some depth to your food, Bahārāt Blend can do it all.

We use only the finest ingredients and follow authentic recipes from different regions of the world. We are passionate about bringing you the best flavors and quality possible. Try our Bahārāt Blend today and discover the magic of the Middle East.

#### A must-try for lovers of real Middle Eastern cuisine!

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Red Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Paprika, Red Pepper, Turmeric, Black Pepper, Cardamom, Cinnamon, Cumin, Kosher Salt, Allspice, Ginger, Clove, & Coriander.

Taste: Our Blend has an earthy and warm flavor similar to Garam Masala and is both sweet and smoky.

Suggested Pairings: Meats (Especially Lamb), Fish, Poultry, Hummus, Rice, Soups, & Vegetables.

Flavor Notes: Spicy, Sweet, Woody, Earthy, Pungent, Warm, Floral, Fruity, Hot, Nutty, Peppery, Salty, Slightly Bitter, & Zesty.

Collections: Globally Inspired, Grilling Inspired, Onion & Garlic Free, & Vegan.





### **Bayou Blend**



If you love the rich and flavorful dishes of Louisiana, you will love Bayou Blend, a creole seasoning that captures the essence of this unique cuisine. Bayou Blend is a blend of paprika, kosher salt, cayenne pepper, garlic, basil, onion, oregano, thyme, white pepper, and black pepper. Bayou Blend is a versatile seasoning that can enhance any dish, from rice and beans to gumbo and jambalaya.

Bayou Blend is not only delicious, but also healthy and organic. It contains no artificial flavors, colors, preservatives, or fillers. It is gluten-free, vegan, and low in sodium. It is made with high-quality ingredients that are sourced from trusted suppliers. Bayou Blend is handcrafted in small batches to ensure freshness and quality. You can taste the difference in every bite.

To get started with Bayou Blend, you can try some of the easy and tasty recipes. For example, you can make a quick and easy creole shrimp dish that only takes 5 minutes to prepare. All you need is some butter, shrimp, and Bayou Blend. You can serve it over rice, pasta, or salad for a satisfying meal. Or you can use Bayou Blend to season your chicken, pork, beef, or fish before grilling, baking, or frying. You can also add it to your soups, stews, sauces, dips, and dressings for a burst of flavor. Bayou Blend is a seasoning that you will want to use every day. Order yours today and discover the difference of HS Creations – Handcrafted, Organic, Healthy, Fresh Blends.

#### You'll love how versatile it is for all kinds of meals, not just Gumbo or Jambalaya!

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Cayenne Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Paprika, Kosher Salt, Cayenne Pepper, Garlic, Basil, Onion, Oregano, Thyme, White Pepper, & Black Pepper.

Taste: Our Blend inspiration is from Louisiana's Creole cuisine. Full-flavored, less heat!

Suggested Pairings: Meats (Various Kinds), Poultry, Seafood, Potatoes, Salsas, & Sauces.

Flavor Notes: Pungent, Earthy, Floral, Herbaceous, Peppery, Spicy, Cooling, Hot, Piney, Salty, Slightly Minty, Smoky, & Sweet.

Collections: American, Kid Friendly, & Vegan.





### Beat Happy Blend (Heart Healthy)



If you are looking for a way to add flavor to your dishes without adding salt, look no further than Beat Happy Blend, the heart-healthy and delicious seasoning from HS Creations. This blend is made with a variety of herbs and spices that will enhance the taste and aroma of any meal, from soups and salads to meats and vegetables. Beat Happy Blend contains garlic, marjoram, nutmeg, onion, parsley, sage, savory, thyme, basil, black pepper, and cayenne pepper, creating a balanced and harmonious flavor profile that is peppery, herbaceous, savory, spicy, and sweet. You will love the way this blend makes your food more satisfying and enjoyable, while also supporting your heart health and wellness.

Beat Happy Blend is one of the many salt-free blends that HS Creations offers to its customers who value quality, freshness, and health. All of our blends are handcrafted with organic ingredients that are carefully selected and blended to ensure the best possible flavor and freshness.

Whether you want to spice up your breakfast eggs, add some zest to your lunch salad, or create a mouthwatering dinner with chicken, fish, or beef, Beat Happy Blend will make your food more delicious and nutritious. You can also use it as a dip, a marinade, a rub, or a dressing, depending on your mood and preference. The possibilities are endless with Beat Happy Blend, and you will never get bored of trying new recipes and combinations. For a different sodium-free experience, try HS Creations Bold Not Salt blend, which also contains a variety of herbs and spices that will make your food more flavorful and healthy. Order your Beat Happy Blend today and discover the difference that HS Creations can make in your cooking and eating!

#### This will win your heart without any salt.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Cayenne Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Garlic, Marjoram, Nutmeg, Onion, Parsley, Sage, Savory, Thyme, Basil, Black Pepper, & Cayenne Pepper.

Taste: Our Blend is flavorful and aromatic. This is a Blend for everyday meals.

Suggested Pairings: Meats (Various Kinds), Poultry, Seafood, Eggs, Pasta, Pizza, Potatoes, Vegetables. Use on almost anything!

Flavor Notes: Herbaceous, Pungent, Floral, Spicy, Sweet, Cooling, Earthy, Hot, Peppery, Piney, Savory, Slightly Minty, & Smoky.

Collections: All Purpose, Salt-Free, & Vegan.





**Bold Not Salt Blend** 



Are you looking for a way to spice up your meals without adding salt? Do you want to enjoy the natural flavors of herbs and spices without compromising on your health? If so, you will love HS Creations Bold Not Salt Blend, a salt-free seasoning that delivers a punch of flavor to any dish.

Bold Not Salt Blend is a unique blend of black pepper, dry mustard, garlic, onion, paprika, thyme, white pepper, lemon peel, and celery seed. It has a peppery, herbaceous, and floral aroma that enhances the taste of eggs, meat, pasta, pizza, and vegetables. You can use it as a rub, a marinade, a dressing, or a dip. Just add a sprinkle or a spoonful of Bold Not Salt Blend to your favorite recipes and enjoy a salt-free flavor burst!

We use only the finest ingredients and no artificial flavors, colors, or preservatives. We have a variety of blends that cater to different dietary needs, such as gluten-free, sugar-free, and vegan. Our salt-free blends are perfect for people who want to reduce their sodium intake or have high blood pressure, kidney problems, or heart disease. Try HS Creations Bold Not Salt Blend today and discover the difference of salt-free seasoning. And if you want a different sodium-free experience, try HS Creations Beat Happy Blend, a zesty blend of lemon, garlic, onion, and parsley.

#### A flavor-packed treat without the salt.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Black Pepper, Dry Mustard, Garlic, Onion, Paprika, Thyme, White Pepper, Lemon Peel, & Celery Seed.

Taste: Our blend is a seasoning that is bold, blasts with flavor, and without the salt!! This is a must have staple! Can be used on everyday meals.

Suggested Pairings: Meats (Various Kinds), Poultry, Seafood, Eggs, Pasta, Pizza, Potatoes, Vegetables. Use on almost anything!

Flavor Notes: Pungent, Earthy, Peppery, Slightly Bitter, Spicy, Floral, Herbaceous, Piney, Sour, & Sweet.

Collections: All Purpose, American, Salt-Free, & Vegan.





### **Bully Beef Blend**



Bully Beef is a term for canned corned beef, especially in British and Commonwealth countries, and is also used as an ingredient in some dishes, such as corned beef hash. The term originated from the French word "bouilli", meaning boiled.

If you love corned beef and cabbage, you will love Bully Beef Blend by HS Creations. This is not your ordinary spice mix. It is a blend of 9 premium spices that will give your corned beef or other cured meats a burst of flavor and aroma. Whether you cook your corned beef or other cured meats in a slow cooker, pressure cooker, or oven, this seasoning blend will make it tender, juicy, and delicious.

Bully Beef Blend is easy to use. You can either sprinkle it over your corned beef or other cured meats before cooking, or tie it in a cheesecloth and add it to the pot as a bouquet garnish. The spices will infuse your meat and vegetables with a rich and complex taste that will make you lick your fingers. Bully Beef Blend is more than just a spice mix. It is a way to celebrate Irish-American heritage with a touch of global cuisine. It is a way to support a small business that sources fresh, quality, and sustainable ingredients. It is a way to enjoy a hearty, comforting, and satisfying meal with your loved ones. Order Bully Beef Blend today and experience the difference!

#### You'll love this American – Irish Seasoning for Corned Beef, cured meats and many other dishes!

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Red Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Coriander, Mustard, Black Pepper, Cinnamon, Red Pepper, Bay Leaf, Clove, Ginger, & Cardamom.

Taste: Our Blend has a savory and salty taste, with a hint of sweetness.

Suggested Pairings: Meats (Various Kinds), Soups, Stews, & Vegetables.

Flavor Notes: Spicy, Sweet, Woody, Slightly Bitter, Earthy, Floral, Fruity, Hot, Nutty, Peppery, Piney, Pungent, Sharp, Warm, & Zesty.

Collections: American, Globally Inspired, Onion & Garlic Free, Salt-Free, & Vegan.





### Cappy Allium Blend (Pipelchuma)



Cappy Allium Blend is a handcrafted, organic, and fresh blend of caraway, chili pepper, cumin, and garlic. It is based on pilpelchuma, a traditional Libyan condiment that is widely used in Israeli cuisine. Pilpelchuma means "pepper garlic" in Hebrew, and it is a perfect name for this fiery and aromatic paste that can enhance any dish.

Whether you want to add some heat to your grilled fish, scrambled eggs, roasted vegetables, or hummus, Cappy Allium Blend will deliver a satisfying and complex taste that will make your mouth water. Not only is it delicious, but it is also healthy. The ingredients in Cappy Allium Blend are rich in antioxidants, vitamins, minerals, and fiber. They can help boost your immune system, lower your blood pressure, improve your digestion, and fight inflammation.

Cappy Allium Blend is one of the many products that HS Creations offers to its customers who value quality, freshness, and variety. Try Cappy Allium Blend today and discover a new world of flavor and wellness.

#### You won't want to part with this!

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Chili Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Caraway, Chili Pepper, Cumin, & Garlic.

Taste: Our Blend for gourmet Pipelchuma brings out the spice, garlic, and tang in the blend.

Suggested Pairings: Meats (Various Kinds), Fish, Poultry, & Pasta.

Flavor Notes: Hot, Spicy, Earthy, Nutty, Pungent, & Smoky.

Collections: Globally Inspired, Grilling Inspired, Salt-Free, & Vegan.





Cattleman's Blend



Cattleman's Blend is a spice mixture or blend that adds great flavor to everyday meals. It is inspired by the traditional Kansas and Texas seasonings for meats, a perfect savory blend of spices. It contains black pepper, paprika, red pepper, coriander, dill, garlic, and kosher salt, all organic and handcrafted. Whether you are a fan of grilled, roasted, or baked meats, Cattleman's Blend will make them taste delicious and mouthwatering.

A simple way to use Cattleman's Blend is as a dry rub. Just sprinkle it generously over your meat of choice and let it marinate for a few minutes or hours. Then, cook it as you prefer, on the grill, in the oven, or on the stove. You will be amazed by the rich and complex flavor that Cattleman's Blend will bring to your dish. You can also use it as a seasoning for your sauces, soups, stews, or casseroles, adding a touch of spice and warmth to your meals.

Cattleman's Blend is not only for meats. You can also use it to enhance the flavor of your vegetables, potatoes, and seafood. Try it on steamed broccoli, roasted potatoes, or grilled shrimp, and see how it transforms them into gourmet delights. You can also experiment with Cattleman's Blend in your favorite recipes, such as spaghetti sauce, chili, or meatloaf, and discover new ways to enjoy this versatile blend.

Cattleman's Blend is the ultimate seasoning for your everyday meals. Order yours today. You will not regret it!

#### The ultimate flavor sensation for your every craving!

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Red Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Black Pepper, Paprika, Red Pepper, Coriander, Dill, Garlic, & Kosher Salt.

Taste: Our Blend is a spice mixture or blend for adding great flavor to everyday meals! Try as Dry rub for meat, chicken and fish

Suggested Pairings: Meats (Various Kinds), Fish, Poultry, Potatoes, & Vegetables.

Flavor Notes: Pungent, Earthy, Fruity, Herbaceous, Hot, Nutty, Peppery, Salty, Spicy, & Sweet.

Collections: American, Grilling Inspired, Kid Friendly, & Vegan.





Chillin' Chili Blend



Chillin' Chili Blend is a perfect blend of oregano, smoked paprika, thyme, basil, black pepper, coriander, cumin, garlic, onion, and cayenne pepper. This blend captures the authentic flavor of chili, with its smoky and spicy notes, and adds a touch of freshness and complexity with the herbs and spices. Whether you want to make a hearty chili soup, a savory chili con carne, or a delicious chili dip, Chillin' Chili Blend will make your dish stand out.

But Chillin' Chili Blend is not just for chili lovers. You can also use it to season fish and chicken, or to enhance the flavor of oven-roasted or grilled veggies. Chillin' Chili Blend will add a burst of flavor and aroma to any dish, making it more satisfying and enjoyable. Chillin' Chili Blend is also vegan, gluten-free, and non-GMO, so you can enjoy it without guilt.

So don't wait any longer and order your Chillin' Chili Blend today. You will love the taste and quality of this handcrafted, organic, healthy, and fresh blend. Chillin' Chili Blend is the ultimate seasoning for any occasion. Order yours today and discover the difference of HS Creations – Handcrafted, Organic, Healthy, Fresh Blends.

#### You'll love this chili seasoning like no other!

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Cayenne Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Oregano, Smoked Paprika, Thyme, Basil, Black Pepper, Coriander, Cumin, Garlic, Onion, & Cayenne Pepper.

Taste: Our Blend is not limited to making chili; it works as seasoning for fish and chicken or to complement oven-roasted or grilled veggies. It will not overwhelm your palate.

Suggested Pairings: Meats (Various Kinds), Poultry, Chili, Stews, & Vegetables.

Flavor Notes: Pungent, Spicy, Earthy, Floral, Herbaceous, Nutty, Smoky, Cooling, Fruity, Hot, Peppery, Piney, & Slightly Minty.

Collections: American, Salt-Free, & Vegan.





### Conchiglie Blend (Pasta Blend)



Are you looking for a way to spice up your pasta dishes with a burst of flavor and aroma? Do you want to enjoy a healthy, organic, and handcrafted blend of herbs and spices that will make your mouth water? If so, you need to try HS Creations Conchiglie Blend, the ultimate pasta seasoning for any occasion!

Conchiglie Blend is a unique mix of basil, oregano, thyme, and garlic. Conchiglie Blend is inspired by the history and tradition of pasta, which dates back to ancient times and has evolved over the centuries. Whether you prefer your pasta with tomato sauce, cheese, or just olive oil, Conchiglie Blend will enhance its taste and texture with a touch of Mediterranean magic.

Conchiglie Blend is not only delicious, but also versatile and easy to use. You can simply sprinkle it over your cooked pasta, or mix it with olive oil and vinegar to make a dressing or a marinade. You can also use it to season your salads, soups, sandwiches, and more. Conchiglie Blend is gluten-free, vegan, and low in sodium, making it a great choice for anyone who cares about their health and well-being.

Don't miss this opportunity to try Conchiglie Blend, the perfect pasta seasoning that will make you fall in love with pasta all over again. Order yours today from and get ready to experience a new level of flavor and satisfaction!

#### A guaranteed way to boost any pasta sauce!

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Basil, Oregano, Thyme, & Garlic.

Taste: Our Blend has the right amount of Italian ingredients to make that perfect Italian dish! This is a "one-stop" blend solution!

Suggested Pairings: Dipping for bread (with Balsamic Vinegar and Olive Oil), Pasta, Salads, & Sauces.

Flavor Notes: Floral, Herbaceous, Cooling, Piney, Pungent, & Slightly Minty.

Collections: Globally Inspired, Kid Friendly, Salt-Free, & Vegan.





### **Cowboy Butter**



If you're looking for a simple way to add some excitement to your cooking, look no further than Cowboy Butter by HS Creations. This can make your ordinary butter explode with flavor. It's easy to prepare a compound butter that's made by mixing softened butter with this blend. Our unique combination of parsley, garlic, chive, Dijon mustard, chili pepper, lemon peel, paprika, thyme, and cayenne pepper gives it a tangy, savory, and fiery kick that will make your taste buds sing.

Cowboy Butter is versatile and easy to use. You can spread it on bread, toast, biscuits, or cornbread for a delicious snack. You can use it to season your steaks, chicken, fish, or vegetables before or after grilling, roasting, or baking. You can also make a mouthwatering dipping sauce by melting it with some unsalted butter and serving it with seafood, meatballs, or fries. The possibilities are endless!

Cowboy Butter is not only tasty, but also good for you. All our ingredients are carefully sourced and selected to ensure the highest quality and flavor. We use no artificial preservatives, colors, or flavors. Our Cowboy Butter is gluten-free, keto-friendly, and low-carb. It's a great way to add some healthy fats and antioxidants to your diet.

So what are you waiting for? Order your Cowboy Butter today and experience the difference. You'll be amazed by how much flavor and fun it can bring to your meals. Whether you're a cowboy or a cowgirl, you'll love Cowboy Butter by HS Creations. It's the ultimate flavor booster for your dishes.

You'll love using this on your grilled steak, slathering it on Texas toast, or even giving popcorn more "POP".

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Cayenne Pepper & Chili Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Parsley, Garlic, Chive, Dijon Mustard, Chili Pepper, Lemon Peel, Paprika, Thyme, & Cayenne Pepper.

Taste: Our Blend is like garlic butter but even better! It's loaded up with fresh herbs, spices, and lemon.

Suggested Pairings: Meats (Various Kinds), Poultry, Seafood, Potatoes, & Vegetables.

Flavor Notes: Pungent, Herbaceous, Hot, Spicy, Sweet, Floral, Piney, Slightly Bitter, Smoky, Sour, & Tangy.

Collections: American, Grilling Inspired, Kid Friendly, Salt-Free, & Vegan.





**Curried Away** 



Do you love the rich and complex flavors of Indian cuisine?

If you do, then you will love Curried Away, a spice blend that captures the essence of authentic Indian curries. Curried Away contains six spices that are essential for creating delicious and aromatic dishes: coriander, cumin, turmeric, cardamom, cayenne pepper, and cinnamon. These spices have been carefully selected and blended by HS Creations, a California company that specializes in handcrafted, organic, healthy, and fresh blends.

Curried Away is versatile and easy to use. You can add it to any protein, vegetable, or grain of your choice, and cook it with some oil, water, and salt. You can also adjust the amount of spice blend according to your taste and preference. You can also use Curried Away as a seasoning for soups, salads, dips, or snacks. The possibilities are endless!

Curried Away is not only delicious, but also healthy and natural. It contains no artificial flavors, colors, preservatives, or fillers. It is also vegan, gluten-free, and non-GMO.

So what are you waiting for? Order Curried Away today and enjoy the taste of India in your own kitchen. You will be amazed by how easy and fun it is to make your own curries with this spice blend. Curried Away is the perfect way to spice up your life!

#### The perfect pick for a real curry flavor!

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Cayenne Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Coriander, Cumin, Turmeric, Cardamom, Cayenne Pepper, & Cinnamon.

Taste: Our Blend provides a rich, distinct, and bold flavor.

Suggested Pairings: Meats (Various Kinds), Poultry, Potatoes, & Vegetables.

Flavor Notes: Spicy, Earthy, Sweet, Woody, Floral, Fruity, Hot, Nutty, Slightly Bitter, Smoky, & Warm.

Collections: Globally Inspired, Onion, Garlic Free, Salt-Free, & Vegan.





### Flavor Blast Blend (Every Day Seasoning)



Are you looking for a way to spice up your meals and boost your health at the same time? Look no further than Flavor Blast Blend, the every day seasoning that combines cayenne pepper, garlic, kosher salt, onion, black pepper, marjoram, rosemary, and aniseed. This blend is perfect for adding a kick of heat and a burst of flavor to any dish, from soups and stews to salads and stir-fries. Whether you want to enhance the taste of meat, poultry, fish, vegetables, or grains, Flavor Blast Blend will do the trick.

But Flavor Blast Blend is not just a delicious seasoning, it's also a natural remedy for a variety of ailments. Cayenne pepper is known for its anti-inflammatory, antioxidant, and pain-relieving properties. Garlic is a powerful immune booster and a natural antibiotic. Onion is rich in vitamin C and helps lower blood pressure and cholesterol. Black pepper aids digestion and absorption of nutrients. Marjoram is a soothing herb that relieves stress and anxiety. Rosemary is a brain stimulant and a memory enhancer. Aniseed is a digestive aid and a breath freshener. Together, these ingredients create a synergistic blend that supports your overall wellbeing.

So don't settle for bland and boring meals. Try Flavor Blast Blend today and experience the difference. You'll love the spicy and aromatic flavor and the health benefits of this amazing seasoning. Flavor Blast Blend: a spicy and aromatic seasoning for every day.

#### A staple spice blend for your dishes that will earn a prime spot in your pantry.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Cayenne Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Cayenne Pepper, Garlic, Kosher Salt, Onion, Black Pepper, Marjoram, Rosemary, & Aniseed.

Taste: Our Blend adds a kick but without the burn of spice! This is a go-to!

Suggested Pairings: Meats (Various Kinds), Poultry, Chili, & Pasta.

Flavor Notes: Pungent, Spicy, Cooling, Earthy, Fruity, Herbaceous, Hot, Peppery, Piney, Salty, Smoky, Sweet, & Woody.

Collections: All Purpose, American, & Vegan.





Herbes de Provence



Traditional French Provençal cuisine is known for its aromatic mixture of dried herbs, naturally grown on local farms or personal gardens.

If you love the flavors of French Provençal cuisine, you will love HS Creations Herbes de Provence seasoning. This blend of dried herbs and spices is carefully crafted to bring out the best in your dishes, whether you are roasting, grilling, baking, or sautéing. Our Herbes de Provence seasoning contains Fennel, Marjoram, Rosemary, Savory, Thyme, Basil, and Culinary Lavender, all organically grown and freshly dried to preserve their aroma and taste.

What makes our Herbes de Provence seasoning unique is the addition of Culinary Lavender, a fragrant and flavorful herb that evokes the feeling of dining in the lavender fields of Provence. Lavender adds a subtle floral note to the savory herbs, creating a balanced and harmonious blend that enhances any dish. You can use our Herbes de Provence seasoning to season meats, poultry, fish, vegetables, soups, stews, sauces, and more. It is also great for sprinkling on salads, cheese, bread, and vinaigrettes.

HS Creations Herbes de Provence seasoning is gluten-free, vegan, and keto-friendly, making it suitable for any diet. Try it today and discover the difference that quality and freshness make in your cooking.

#### This will spice up your dishes in a snap and make you love every bite.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Fennel, Marjoram, Rosemary, Savory, Thyme, Basil, & Culinary Lavender.

Taste: Our Blend is an aromatic mixture of dried Provençal herbs and spices. Provides a gourmet French Mediterranean flavor!

Suggested Pairings: Fish, Poultry, Salads, Soups, & Vegetables.

Flavor Notes: Herbaceous, Floral, Cooling, Fruity, Piney, Slightly Minty, Woody, Pungent, Slightly Bitter, Soothing, Spicy, & Sweet.

Collections: Globally Inspired, Onion, Garlic Free, Salt-Free, & Vegan.





### Herby Blend



If you love the flavors of Italian cuisine, you will love Herby Blend, a versatile seasoning that brings out the best of garlic, parsley, basil, thyme, red pepper, sage, and kosher salt. Herby Blend is inspired by the traditional Tuscan celebration of the olive harvest, where grilled bread is rubbed with garlic and salt, and drizzled with the newest oil. Herby Blend captures the essence of this simple but delicious dish, and adds a touch of spice and herbiness to enhance any meal.

You can use Herby Blend to make your own fettunta, or grilled bread, by simply sprinkling it on hot bread and adding some olive oil. Or you can use it to make bruschetta, a popular appetizer of diced tomatoes and herbs on toasted bread. Just mix Herby Blend with canned or fresh tomatoes, and let it sit overnight to infuse the flavor. Then, spoon it over sliced bread and enjoy. You can also add Herby Blend to pasta, salads, soups, sauces, meats, vegetables, and more. It is a versatile and convenient way to add a burst of flavor to any dish.

Herby Blend is made with organic and natural ingredients, and contains no artificial flavors, colors, or preservatives. It is gluten-free, vegan, and low in sodium. It is also packed in a resealable pouch to keep it fresh and easy to use. Try Herby Blend today and discover the taste of Tuscany in your own kitchen.

#### A bruschetta recipe that you'll love to whip up again and again.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Red Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Garlic, Parsley, Basil, Thyme, Red Pepper, Sage, & Kosher Salt.

Taste: Our Blend is light and fresh! Especially making a tasty appetizer as Bruschetta.

Suggested Pairings: Fish, Dipping for bread (with Balsamic Vinegar and Olive Oil), Italian Dishes, Potatoes, Sauces, & Vegetables.

Flavor Notes: Herbaceous, Floral, Cooling, Hot, Piney, Pungent, Salty, Slightly Minty, & Sweet.

Collections: Globally Inspired, Kid Friendly, Party Prep, & Vegan.





### Hyssop Blend (Za'atar)



Are you looking for a way to spice up your meals with a burst of flavor and health benefits? Look no further than Hyssop Blend (Za'atar), a Middle Eastern spice mix that will transform your dishes with its unique and versatile taste. Hyssop Blend (Za'atar) is made of dried herbs and spices, such as sumac, thyme, marjoram, oregano, sesame seed, and kosher salt. Sumac adds a tangy, lemony flavor, while thyme, marjoram, and oregano provide a floral, herbaceous, and piney aroma. Sesame seed adds a nutty crunch, and kosher salt balances the flavors and enhances the freshness.

Hyssop Blend (Za'atar) can be used in many ways to add flavor and nutrition to your meals. You can sprinkle it on bread, cheese, yogurt, eggs, hummus, or salads. You can also use it as a rub or marinade for meat, poultry, fish, or vegetables. Or you can make a simple and delicious vinaigrette by combining it with olive oil and vinegar or lemon juice. To get the most out of Hyssop Blend (Za'atar), try blooming it first by heating it in oil or butter. This will release the fat-soluble compounds and evenly distribute the flavor throughout your dish.

Hyssop Blend (Za'atar) is not only tasty, but also healthy. It contains antioxidants, anti-inflammatory, and antimicrobial properties that can boost your immune system, lower your blood pressure, and improve your digestion. It is also rich in fiber, iron, calcium, and vitamin C. Hyssop Blend (Za'atar) is a gluten-free, vegan, and organic product that is handcrafted by HS Creations, a California company that specializes in creating fresh and high-quality spice blends. Order your Hyssop Blend (Za'atar) today and discover the magic of Middle Eastern cuisine.

#### A tantalizing treat for your taste buds.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Sumac, Thyme, Marjoram, Oregano, Sesame Seed, & Kosher Salt.

Taste: Our Blend brings a nutty, distinctive, and warm full-bodied flavor.

Suggested Pairings: Meats (Various Kinds), Fish, Poultry, Dipping for bread (with Balsamic Vinegar and Olive Oil), Hummus, & Pita bread (with Olive Oil).

Flavor Notes: Herbaceous, Floral, Nutty, Piney, Pungent, Salty, Sour, Spicy, & Sweet.

Collections: Globally Inspired, Grilling Inspired, Onion & Garlic Free, & Vegan.





### Immunity Bump



If you are looking for a natural way to boost your immunity and fight off colds and flu, look no further than Immunity Bump from HS Creations. This blend is packed with powerful ingredients that have been proven to support your immune system, such as ginger, turmeric, garlic, black pepper, cayenne pepper, cinnamon, and dried honey. These spices not only have antibacterial, anti-inflammatory, and antioxidant properties, but they also add a warm and spicy flavor to your dishes.

Immunity Bump is easy to use and versatile. You can sprinkle it on your soups, stews, curries, or stir-fries, or mix it with water, lemon juice, and honey for a soothing drink. You can also make your own immunity bombs by blending the mix with water and freezing it in molds. These handy treats are perfect for when you need a quick dose of nutrients and flavor. Immunity Bump is also organic, gluten-free, and vegan, so you can enjoy it without any guilt.

Our goal is to create an elevated, gourmet food experience for your everyday meals. We believe that food should be delicious, nutritious, and fun. That's why we offer a variety of blends for different purposes and tastes, such as Zesty Mottle Blend, Immunity Bump, and more. Try our blends today and discover how they can transform your meals into a delicious and healthy experience.

#### A definite hit for every occasion.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Cayenne Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Ginger, Turmeric, Garlic, Black Pepper, Cayenne Pepper, Cinnamon, & Dried Honey (Granulated).

Taste: Whether you need a moment of relaxation, a burst of freshness, or a touch of rejuvenation, Our Blend can deliver.

Suggested Pairings: Rice, Soups, & Tea.

Flavor Notes: Spicy, Sweet, Earthy, Pungent, Hot, Peppery, Slightly Bitter, Smoky, Warm, Woody, & Zesty.

Collections: American, Kid Friendly, Salt-Free, & Vegan.





Jalapeño Fiesta Blend



If you love the taste of jalapeño peppers, but not the heat, you will love Jalapeño Fiesta Blend. This blend is made with jalapeño peppers that have the seeds removed before de-hydration and grinding. This means that you get all the flavor and aroma of jalapeño peppers, without the burning sensation. You can enjoy the tangy, fruity, and smoky notes of jalapeño peppers in your dishes, without overpowering your taste buds.

But Jalapeño Fiesta Blend is not just jalapeño peppers. It also contains garlic, onion, kosher salt, Mexican oregano, black pepper, rosemary, and aniseed. These herbs and spices add depth, complexity, and richness to the blend, creating a balanced and harmonious flavor profile. You can use Jalapeño Fiesta Blend to season meats, poultry, fish, vegetables, soups, stews, sauces, dips, and more. It will add a touch of spice and a burst of flavor to any dish.

So, what are you waiting for? Order your Jalapeño Fiesta Blend today and experience the spicy sensation for yourself. You will be amazed by how this blend can transform your cooking and make your meals more delicious and exciting. Jalapeño Fiesta Blend is a spice blend that you will want to have in your pantry at all times. Try it and see for yourself why HS Creations is the best choice for handcrafted, organic, healthy, and fresh blends.

Transform your everyday meals into something extraordinary with this sensational seasoning. Guaranteed to become your go-to choice for adding a burst of mellow yet scrumptious flavor to your dishes.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Jalapeño Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Jalapeño Pepper, Garlic, Onion, Kosher Salt, Mexican Oregano, Black Pepper, Rosemary, & Aniseed.

Taste: Our Blend uses only the fruit of the pepper (not the seeds), so you get great flavor that isn't overpoweringly spicy.

Suggested Pairings: Meats (Various Kinds), Poultry, Rice, & Soups.

Flavor Notes: Earthy, Fruity, Herbaceous, Pungent, Cooling, Hot, Peppery, Piney, Salty, Spicy, Sweet, & Woody.

Collections: Globally Inspired & Vegan.





Jamaican Jerk Blend



If you love the rich and spicy flavors of Jamaican cuisine, you will love our Jamaican Jerk Blend. This blend is made with organic and handcrafted ingredients, such as onion, thyme, kosher salt, cinnamon, and cayenne pepper. It captures the essence of jerk seasoning, a traditional Jamaican method of marinating and grilling meat with a hot and aromatic spice mix.

Our Jamaican Jerk Blend is versatile and easy to use. You can rub it on chicken, pork, beef, or fish before grilling or roasting, or add it to sauces and skillet dishes for a burst of flavor. Unlike some jerk seasonings, our blend is not too fiery, but has a balanced heat level that enhances the taste of the herbs and spices.

Try our Jamaican Jerk Blend today and experience the authentic taste of the Caribbean. We use only the finest ingredients and no artificial flavors, colors, or preservatives.

#### A great choice for barbecue and beyond.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Cayenne Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Onion, Thyme, Kosher Salt, Cinnamon, & Cayenne Pepper.

Taste: Our Blend is rich, complex, and full-flavored. Use it as a dry rub or create a marinade with it.

Suggested Pairings: Fish, Poultry, & Vegetables.

Flavor Notes: Spicy, Floral, Herbaceous, Hot, Piney, Pungent, Salty, Smoky, Sweet, Warm, & Woody.

Collections: Globally Inspired, Grilling Inspired, Kid Friendly, & Vegan.





### Jerusalem Blend



If you are looking for a way to spice up your meals with a touch of history and culture, look no further than Jerusalem Blend, a handcrafted, organic, healthy, and fresh blend of spices inspired by the flavors of Israeli street food. Jerusalem Blend is a versatile seasoning that can be used to enhance the taste of meat, poultry, fish, vegetables, salads, and more. Whether you want to grill, roast, bake, or fry, Jerusalem Blend will add a burst of flavor and aroma to your dishes.

Jerusalem Blend is made with sumac, garlic, turmeric, coriander, curry, black pepper, cardamom, cinnamon, and clove, a combination of spices that reflects the rich and diverse heritage of Israeli cuisine. Sumac, a tangy red berry, is a staple of Middle Eastern cooking and adds a zesty note to the blend. Garlic, turmeric, coriander, and curry are widely used in Indian and Mediterranean cuisines and bring warmth and color to the blend. Black pepper, cardamom, cinnamon, and clove are aromatic spices that have been traded for centuries along the ancient Silk Road and add depth and complexity to the blend.

Jerusalem Blend is more than just a seasoning. It is a celebration of the past, present, and future of Israeli cuisine, a cuisine that has been influenced by the many cultures and communities that have inhabited the region over the centuries, including Jews, Arabs, Armenians, and Greeks. By using Jerusalem Blend, you are not only enjoying a delicious and healthy spice mix, but also honoring the traditions and diversity of a vibrant and dynamic culinary culture. Order yours today and discover the difference of HS Creations – Handcrafted, Organic, Healthy, Fresh Blends.

#### A delightful way to bring out the secrets of Middle Eastern flavors.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Sumac, Garlic, Turmeric, Coriander, Curry, Black Pepper, Cardamom, Cinnamon, & Clove.

Taste: Our Blend has sumac, giving the blend a hint of citrus and cinnamon to balance all the flavors. The aroma alone will inspire you!

Suggested Pairings: Meats (Especially Lamb), Fish, Poultry, Soups, & Vegetables.

Flavor Notes: Spicy, Sweet, Woody, Earthy, Floral, Fruity, Nutty, Peppery, Pungent, Slightly Bitter, Sour, & Warm.

Collections: Globally Inspired, Grilling Inspired, Salt-Free, & Vegan.





### Kickin' Mix



HS Creations has named this our Kickin' Mix (not Burnin' Mix) for a reason – it provides a flavorful kick without any burn!

Do you love salsa? Do you want to make your own fresh and delicious salsa at home with minimal effort? Then you need Kickin' Mix, the spice blend that gives your salsa a flavorful kick without any burn. Kickin' Mix is a blend of onion, red pepper, garlic, kosher salt, parsley, and black pepper. Kickin' Mix is not only great for salsa, but also for marinades, rubs, and pasta sauces. It adds a burst of flavor and freshness to any dish.

Making salsa with Kickin' Mix is easy and fun. All you need is one tablespoon of Kickin' Mix and one can of diced tomatoes (we prefer petite). Combine them in a bowl and let it settle in the refrigerator overnight to get the fullest flavor. You can also add some HS Creations Must be Garlic Blend if you want extra garlic. We prefer the modest approach. Enjoy your homemade salsa with chips, tacos, burritos, or any Mexican-inspired dish. You will never go back to store-bought salsa again.

Kickin' Mix is not just for salsa. You can use it to spice up your meat, fish, chicken, or vegetables. Use it as a rub or a marinade to infuse your food with a savory and zesty taste. You can also add it to your pasta sauce to give it some extra kick. Kickin' Mix is versatile and delicious, and it will make your cooking more exciting and enjoyable. Try it today and discover the difference that HS Creations blends can make in your kitchen.

#### A delicious choice for salsa and other dishes.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Red Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Onion, Red Pepper, Garlic, Kosher Salt, Parsley, & Black Pepper.

Taste: Our Blend, with Garlic and Red Pepper Flakes, gives this a nice balance of tang and tart.

Suggested Pairings: Meats (Various Kinds), Poultry, Pasta, Pizza, Vegetables, & Try it in Bloody Mary's!

Flavor Notes: Pungent, Earthy, Herbaceous, Hot, Peppery, Salty, & Sweet.

Collections: American, Kid Friendly, Party Prep, & Vegan.





### Mangiare Blend (Italian Seasoning)



If you love Italian food, you will love HS Creations' Mangiare Blend (Italian Seasoning). This handcrafted, organic, healthy, and fresh blend of herbs and spices will add a burst of flavor to your dishes. Whether you are making pasta, pizza, salad, or soup, this blend will enhance the taste and aroma of your food.

Mangiare Blend (Italian Seasoning) contains oregano, parsley, basil, red pepper, rosemary, thyme, and garlic. These ingredients are carefully selected and blended to create a balanced and harmonious flavor profile. You will taste the savory, earthy, and subtly sweet notes of this blend, as well as the floral notes from the rosemary and thyme. This blend is light on the palate and does not overpower the natural flavors of your ingredients.

You can use Mangiare Blend (Italian Seasoning) in many ways. You can make a simple and delicious dressing using olive oil and red wine vinegar. You can also use it as a marinade for meat, poultry, or fish. Just rub the blend on your protein and let it sit for a few hours or overnight in the fridge. Then grill, bake, or roast as you like. You can also sprinkle the blend on your pizza, pasta, or soup for an extra touch of flavor.

Try Mangiare Blend (Italian Seasoning) today and experience the taste of coastal Italy in a jar. You can order it online from HS Creations, a California company that specializes in handcrafted, organic, healthy, and fresh blends. You can also check out their other products, such as Tuscan Sun Blend, a more bold and robust Italian seasoning. HS Creations is committed to bringing you the best quality and taste in every jar. Order now and enjoy!

A seasoning that will make you say "mamma mia".

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Red Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Oregano, Parsley, Basil, Red Pepper, Rosemary, Thyme, & Garlic.

Taste: Our Blend brings a nice combination of floral highlights with the right amount of fragrant herbs.

Suggested Pairings: Meats (Various Kinds), Fish, Poultry, Eggs, Italian Dishes, & Potatoes.

Flavor Notes: Herbaceous, Floral, Piney, Slightly Minty, Cooling, Hot, Pungent, Sweet, & Woody.

Collections: Globally Inspired, Kid Friendly, Salt-Free, & Vegan.





### Mangiare Soup Blend (Italian Soup)



When you think of Italian cuisine, you may imagine pasta, pizza, or risotto. But did you know that Italy also has a rich and varied tradition of soups? Soups that are bursting with flavor, color, and nutrition. Soups that can warm your soul and satisfy your appetite. Soups that are easy to make and enjoy any time of the day.

That's why we created Mangiare Soup Blend, a delicious and convenient mix of vegetable bouillon powder, tomato, scallion, basil, carrot, celery, green beans, green bell pepper, onion, oregano, parsley, pea, red pepper, rosemary, thyme, and garlic. Just add water and simmer for 15 minutes, and you'll have a hearty and aromatic soup that tastes like it came from an Italian grandmother's kitchen. You can also customize your soup by adding your favorite ingredients, such as pasta, beans, cheese, or meat.

Mangiare Soup Blend is made with organic and natural ingredients and handcrafted in small batches. We use no artificial flavors, colors, preservatives, or MSG. We care about your health and the environment, so we source our ingredients from local and sustainable farms. Mangiare Soup Blend is vegan, gluten-free, and low in sodium. It's the perfect choice for anyone who loves Italian food and wants to eat well.

Easy for home, camping, boating, outdoors, and much more!

Our Mangiare Soup Blend is easy to prepare and perfect for any occasion. Whether you want a cozy meal, a quick lunch, or a festive appetizer, Mangiare Soup Blend will satisfy your taste.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Red Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Vegetable Bouillon Powder, Parsley, Pea, Green Beans, Green Bell Pepper, Onion, Tomato, Carrot, Celery, Scallion, Basil, Oregano, Red Pepper, Rosemary, Thyme, & Garlic.

Taste: A nice combination of floral highlights with the right amount of fragrant herbs.

Suggested Pairings: Poultry, Soups, & Vegetables.

Flavor Notes: Herbaceous, Floral, Piney, Pungent, Slightly Minty, Cooling, Hot, Slightly Bitter, Sweet, & Woody.

Collections: Globally Inspired, Kid Friendly, Salt-Free, Soup-Ready, & Vegan.





Must Be Garlic Blend



If you love garlic, you will love Must Be Garlic Blend, the seasoning that combines garlic with chive, onion, parsley, dill, kosher salt, and basil. This blend is not only delicious, but also healthy, as garlic has been used for centuries as an anti-inflammatory and antiseptic remedy. Whether you want to add some zing to your meats, vegetables, soups, or dips, Must Be Garlic Blend is the perfect choice for you.

Must Be Garlic Blend is easy to use and versatile. You don't need to make a marinade or a sauce, just sprinkle the blend directly onto your food and cook as desired. You will be amazed by the aroma and flavor of this blend, which enhances the natural taste of your ingredients without overpowering them. You can also use Must Be Garlic Blend to make a delicious spread by mixing it with cream cheese and refrigerating it overnight. This spread is great for crackers, bread, or sandwiches.

HS Creations uses only the finest ingredients and the most innovative recipes to create blends that suit every palate and occasion. Try Must Be Garlic Blend today and discover why it is one of our best-selling products. You will never look at garlic the same way again.

#### This seasoning will make you fall in love with garlic all over again.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Garlic, Chive, Onion, Parsley, Dill, Kosher Salt, & Basil.

Taste: Our Blend's name says it all. Amazing aromas and taste. If you like Garlic, this is for YOU!

Suggested Pairings: Meats (Various Kinds), Poultry, Seafood, Chili, Dips, Potatoes, Soups, & Vegetables.

Flavor Notes: Pungent, Herbaceous, Cooling, Floral, Salty, Slightly Minty, & Sweet.

Collections: Globally Inspired, Grilling Inspired, Kid Friendly, & Vegan.





### OPA! Blend (Greek Seasoning)



If you love the flavors of Greek food, you will love OPA! Blend (Greek Seasoning) by HS Creations. This blend is a combination of 16 herbs and spices that capture the essence of Greek cuisine. Oregano, rosemary, basil, lemon peel, marjoram, black pepper, sumac, parsley, kosher salt, cinnamon, dill, garlic, nutmeg, onion, and thyme create a harmonious and aromatic mix that will enhance any dish.

OPA! Blend (Greek Seasoning) is versatile and easy to use. You can sprinkle it on salads, vegetables, meats, fish, or cheese. You can also use it to make a delicious dressing or marinade.

OPA! Blend (Greek Seasoning) is handcrafted, organic, healthy, and fresh. It is made with high-quality spice blends with natural ingredients. No artificial flavors, colors, preservatives, or fillers are added. OPA! Blend (Greek Seasoning) is gluten-free, vegan, and keto-friendly. It is the perfect way to add some Greek flair to your meals and make your taste buds shout, "OPA!" Order yours today and discover the difference of HS Creations – Handcrafted, Organic, Healthy, Fresh Blends.

#### This Greek seasoning is sure to become your favorite. And when you try it, don't forget to shout, "OPA!"

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Oregano, Rosemary, Basil, Lemon Peel, Marjoram, Black Pepper, Sumac, Parsley, Kosher Salt, Cinnamon, Dill, Garlic, Nutmeg, Onion, & Thyme.

Taste: Our Blend has an earthy taste, with notes of savory, earthy, and subtle sweetness, just like in Greek cuisine!

Suggested Pairings: Meats (Various Kinds), Dressings, Hummus, & Potatoes.

Flavor Notes: Herbaceous, Pungent, Sweet, Floral, Piney, Slightly Minty, Sour, Spicy, Woody, Cooling, Earthy, Peppery, Salty, & Warm.

Collections: Dressing-Ready, Globally Inspired, Kid Friendly, Party Prep, & Vegan.





### Pappy Allium Blend (Onion Paprika)



Discover the amazing flavor of HC Creations' Pappy Allium Blend, a handcrafted, organic, healthy, and fresh blend of paprika, onion, kosher salt, cayenne pepper, and white pepper.

If you love the taste of onion and paprika, you'll love Pappy Allium Blend. This seasoning is a perfect balance of sweet, smoky, spicy, and savory flavors that will enhance any dish you cook. Whether you want to add some zest to your vegetables, meat, fish, eggs, or potatoes, Pappy Allium Blend will make them irresistible.

Pappy Allium Blend is not just a condiment, it's also an ingredient. You can use it to create delicious salads, soups, stews, casseroles, dips, sauces, and more. You can also sprinkle it on popcorn, nuts, or crackers for a tasty snack. Pappy Allium Blend is gluten-free, vegan, and low in sodium, so you can enjoy it without guilt.

Try Pappy Allium Blend today and experience the difference.

A great choice to enhance your dishes with extra flavor.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Cayenne Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Paprika, Onion, Kosher Salt, Cayenne Pepper, & White Pepper.

Taste: Our Blend is a flavorful seasoning that provides a multi-dimensional taste experience.

Suggested Pairings: Meats (Various Kinds), Poultry, Seafood, & Rice.

Flavor Notes: Pungent, Spicy, Earthy, Hot, Peppery, Salty, Smoky, & Sweet.

Collections: Globally Inspired, Grilling Inspired, & Vegan.





# Paradise in Paris



Paradise in Paris is a seasoning blend that captures the essence of French cuisine. It contains basil, bay leaf, black pepper, chive, dill, garlic, parsley, and tarragon, all carefully selected and blended by HS Creations, a California company that specializes in handcrafted, organic, healthy, and fresh blends. Whether you are a seasoned chef or a beginner cook, you can use Paradise in Paris to add a touch of elegance and sophistication to your dishes.

Paradise in Paris is versatile and easy to use. You can sprinkle it on salads, soups, vegetables, meats, fish, eggs, cheese, and bread. You can also mix it with oil, vinegar, yogurt, or cream to make a delicious dressing, dip, or sauce. Here are some examples of how you can use Paradise in Paris to create mouthwatering meals:

- Roast chicken with Paradise in Paris and lemon
- Salmon with Paradise in Paris and white wine sauce
- Grilled vegetables with Paradise in Paris and olive oil
- Cheese omelet with Paradise in Paris and cheddar
- French bread with Paradise in Paris and butter

Paradise in Paris is not only tasty, but also good for you. It is made with organic and natural ingredients, no artificial flavors, colors, or preservatives. It is also low in sodium, sugar, and calories, and high in antioxidants, vitamins, and minerals. By using Paradise in Paris, you can enjoy the benefits of a healthy and balanced diet, while indulging in the rich and aromatic flavors of France.

#### This blend will bring the City of Lights to your kitchen!

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Basil, Bay Leaf, Black Pepper, Chive, Dill, Garlic, Parsley, & Tarragon.

Taste: Our blend is mild and flowery and has wonderful flavors that only French chefs can master!

Suggested Pairings: Meats (Various Kinds), Fish, Poultry, & Eggs.

Flavor Notes: Herbaceous, Pungent, Cooling, Earthy, Floral, Licorice, Peppery, Piney, Slightly Bitter, Slightly Minty, Spicy, & Sweet.

Collections: Globally Inspired, Kid Friendly, Salt-Free, & Vegan.





# Picante Variety Blend (Every Day Seasoning)



Picante Variety Blend is more than just a seasoning. It is also a healthy and natural way to add some nutrition to your meals. All the ingredients are organic, gluten-free, and vegan, and they have various benefits for your health. For example, chili pepper can boost your metabolism and digestion, cumin can lower your blood sugar and cholesterol, and parsley can detoxify your body and improve your immune system. Picante Variety Blend is also low in sodium, so you don't have to worry about your blood pressure or water retention.

We believe that food should be delicious, nutritious, and fun. That's why we offer a variety of blends for different purposes and tastes, such as Zesty Mottle Blend, Immunity Bump, Picante Variety Blend, and more. Try our blends today and discover how they can transform your meals into a delicious and healthy experience.

#### A surefire way to boost your dishes with extra flavor.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Chili Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Kosher Salt, Black Pepper, Onion, Chicken Bouillon, Chili Pepper, Cumin, Parsley, Garlic, Curry, Paprika, & Marjoram.

Taste: Our Blend is spicy, yet it can go on any meal. It's not too hot – just gives your meals a kick! Can go on any food. This is a must for your pantry.

Suggested Pairings: Meats (Various Kinds), Poultry, Seafood, Casseroles, Soups, & Stuffing.

Flavor Notes: Pungent, Spicy, Salty, Earthy, Sweet, Herbaceous, Hot, Peppery, & Smoky.

Collections: All Purpose & Grilling Inspired.





# Pie Risqué Blend (Pizza Seasoning)



Pizza is one of the most popular and beloved foods in the world. Whether you prefer thin crust or deep dish, cheese or pepperoni, or anything in between, there's a pizza for everyone. But what if you could enjoy the delicious flavors of pizza anytime, anywhere, and on any dish? That's the promise of Pie Risqué Blend, the pizza seasoning mix that's taking the culinary world by storm.

Pie Risqué Blend is a handcrafted, organic, healthy, and fresh blend of spices and herbs that captures the essence of pizza. It contains black pepper, kosher salt, garlic, basil, oregano, parsley, and red pepper, creating a balanced and aromatic mix that enhances any dish. You can sprinkle it on your salads, soups, sandwiches, pasta, eggs, or even popcorn. Or you can use it to make your own homemade pizza dough, sauce, or cheese. The possibilities are endless!

With Pie Risqué Blend, you don't need to spend a fortune on fancy pizza delivery or frozen pizza. You can create your own pizza experience at home, with ingredients that you trust and love. Pie Risqué Blend is vegan, gluten-free, and non-GMO, so you can enjoy it without guilt. Order yours today and discover why Pie Risqué Blend is the ultimate pizza seasoning mix!

#### A delicious topping that will make your pizzas irresistible.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Red Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Black Pepper, Kosher Salt, Garlic, Basil, Oregano, Parsley, & Red Pepper.

Taste: Our Blend adds a light spice (not overwhelming) to the dishes. Try it on take-home pizza before cooking to add pizzeria flavor!

Suggested Pairings: Dipping for bread (with Balsamic Vinegar and Olive Oil), Italian Dishes, Pasta, & Pizza.

Flavor Notes: Herbaceous, Salty, Cooling, Earthy, Floral, Hot, Peppery, Pungent, Slightly Minty, & Sweet.

Collections: American, Globally Inspired, & Vegan.





Poultry Solved! Blend



If you love poultry, you need Poultry Solved! Blend in your pantry. This versatile and delicious seasoning is made with garlic, paprika, parsley, kosher salt, onion, dry mustard, oregano, thyme, black pepper, and cayenne pepper. It gives your chicken, turkey, or duck a rich and savory flavor that will make your mouth water. Whether you roast, grill, bake, or fry your poultry, Poultry Solved! Blend will make it taste amazing.

But Poultry Solved! Blend is not just for poultry. You can use it to spice up any dish, from fish to vegetables to soups to salads. It adds a depth of flavor and a touch of heat that will elevate your food to the next level. You can even use it as a marinade, a rub, or a dip. Poultry Solved! Blend is one of the must-know spice blends that will change the way you cook.

Poultry Solved! Blend is made with only the finest ingredients and no artificial flavors, colors, or preservatives. We also offer a variety of other blends, such as Savory Stuffing Blend, Spud-tacular Blend, and Zesty Mottle Blend (Garlic Lemon Pepper). Try them all and discover the difference that HS Creations makes in your kitchen.

#### A versatile and delightful blend for any occasion.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Cayenne Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Garlic, Paprika, Parsley, Kosher Salt, Onion, Dry Mustard, Oregano, Thyme, Black Pepper, & Cayenne Pepper.

Taste: Our Blend is mild, not overwhelming. It really adds a gourmet flavor to any poultry dish.

Suggested Pairings: Poultry, Potatoes, Soups, & Vegetables.

Flavor Notes: Pungent, Herbaceous, Spicy, Sweet, Earthy, Floral, Hot, Peppery, Piney, Salty, Slightly Bitter, & Smoky.

Collections: American, Kid Friendly, & Vegan.





# Radical Seasoning Blend (Every Day Seasoning)



If you are looking for a seasoning that can add some flavor and excitement to your everyday meals, look no further than Radical Seasoning Blend from HS Creations. This blend is not just another salt and pepper substitute. It is a carefully crafted mix of eight organic herbs and spices that can add flavor and depth to any dish. These ingredients create a harmonious and delicious blend that can enhance any dish, from meats and vegetables to salads and soups.

Radical Seasoning Blend is easy to use and versatile. You can sprinkle it on your chicken, steak, burgers, or tenderloins before cooking, or add it to your marinades, sauces, or dressings for a burst of flavor. Radical Seasoning Blend has a well-rounded flavor that won't overpower your dishes' taste, color, or texture. It is also organic, gluten-free, and vegan, so you can enjoy it without any guilt. Try Radical Seasoning Blend today and discover how it can transform your meals into a delicious and healthy experience.

#### You'll love this flavor booster that makes every dish more delicious!

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Kosher Salt, Garlic, Black Pepper, Oregano, White Pepper, Dry Mustard, Celery Seed, & Paprika.

Taste: Our Blend's flavors mix together to really bump up your daily meals!

Suggested Pairings: Meats (Various Kinds), Poultry, Seafood, Vegetables. Use on almost anything!

Flavor Notes: Pungent, Earthy, Peppery, Salty, Slightly Bitter, Spicy, Herbaceous, & Sweet.

Collections: All Purpose & Vegan.





## Rancher Blend (Ranch)



If you love the creamy and tangy flavor of Ranch dressing, you'll love our Rancher Blend seasoning. It's made with the same ingredients that Steve Henson used to create his famous dressing in 1949: buttermilk, onion, parsley, chive, garlic, dill, kosher salt, and black pepper. Whether you want to make your own dressing or dip, or add some zest to your meat and potatoes, our Rancher Blend will give you the authentic taste of Hidden Valley.

Our Rancher Blend is easy to use and versatile. You can mix it with mayonnaise, sour cream, and milk to make a smooth and delicious dressing for your salads, or a creamy and flavorful dip for your chips and veggies. You can also sprinkle it on chicken and pork before baking or grilling, or toss it with diced potatoes and olive oil for a crispy and savory side dish. No matter how you use it, our Rancher Blend will enhance the flavor of your food and impress your family and friends.

At HS Creations, we are passionate about making fresh and healthy seasonings that are handcrafted and organic. We use only the finest ingredients and no artificial flavors, colors, or preservatives. Our seasonings are always fresh, and the freshness'll blow you away! Try our Rancher Blend today and discover the original taste of Hidden Valley.

#### The perfect partner for dips and dressings.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Buttermilk, Onion, Parsley, Chive, Garlic, Dill, Kosher Salt, & Black Pepper.

Taste: Our Blend is fresh. Not like the store-bought packets! You can actually taste the chives!

Suggested Pairings: Meats (Various Kinds), Dips, Dressings, & Vegetables.

Flavor Notes: Pungent, Herbaceous, Earthy, Peppery, Salty, & Sweet.

Collections: American, Dressing-Ready, Party Prep, & Vegan.





# Rani Blend (Garam Masala)



Are you looking for a spice mix that can add a burst of flavor and aroma to your dishes? Look no further than Rani Blend (Garam Masala), a blend of cumin, coriander, black pepper, cardamom, cinnamon, clove, and nutmeg. This spice mix is inspired by the traditional Indian cuisine, where garam masala literally means "warm spice blend". It is a versatile seasoning that can be used in marinades, stews, pickles, and curries, as well as desserts and beverages.

Rani Blend (Garam Masala) is handcrafted with the finest quality ingredients, sourced from ethical and sustainable farms. Our blend of flavors is unique and well-balanced, making it suitable for a variety of dishes. The Rani Blend (Garam Masala) has a floral scent due to the presence of coriander, cardamom, nutmeg, and cloves. The combination of spices also has an earthy and warm flavor that is both sweet and smoky. You can add it near the end of cooking to enhance the taste and aroma of your dish, or sprinkle it on top as a finishing touch.

If you want to try something different, we also have the HS Creations Bahārāt Blend available, which is a Middle Eastern spice mix that includes paprika, cumin, coriander, black pepper, cinnamon, clove, cardamom, and nutmeg. It is perfect for adding a spicy and savory flavor to meat, rice, vegetables, and soups. You can order both the Rani Blend (Garam Masala) and the Bahārāt Blend online from our website. Try them today and discover the difference that HS Creations can make to your cooking.

#### You'll fall in love with the authentic flavors of the Middle East!

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Cumin, Coriander, Black Pepper, Cardamom, Cinnamon, Clove, & Nutmeg.

Taste: Our Rani Blend will give you the authentic Garam Marsala experience.

Suggested Pairings: Meats (Especially Lamb), Fish, Poultry, Potatoes, & Vegetables.

Flavor Notes: Spicy, Sweet, Woody, Earthy, Floral, Fruity, Herbaceous, Nutty, Peppery, & Warm.

Collections: Globally Inspired, Grilling Inspired, Onion & Garlic Free, Salt-Free, & Vegan.





Savory Stuffing Blend



If you love stuffing, you will love Savory Stuffing Blend from HS Creations. This blend is a perfect replacement for expensive boxed or prepackaged stuffing mixes available at stores. It is made from fresh and organic ingredients, giving you the assurance of quality and purity. Plus, it has a delicious flavor that will make your stuffing the star of any meal. Whether you are making a traditional turkey dinner, a casserole, or a vegetarian dish, Savory Stuffing Blend will add a touch of warmth and comfort to your table.

Savory Stuffing Blend is easy to use and versatile. You can simply mix it with water and bread cubes, or customize it with your favorite additions, such as nuts, dried fruits, or cheese. You can also use it to enhance the flavors of soups or baked potatoes. The pepper notes are prominent and the sweet herbal compliment of celery balances it out perfectly. Savory Stuffing Blend contains celery, onion, parsley, sage, chicken bouillon, kosher salt, and black pepper. These ingredients create a balanced and flavorful mix that can enhance any dish, from meats and vegetables to salads and soups.

We make our blends fresh in small batches to ensure quality and freshness. We also use eco-friendly packaging that is reusable and recyclable. When you buy from HS Creations, you are not only supporting a small business, but also a sustainable and ethical way of living. Order Savory Stuffing Blend online or find it in your nearest grocery store and join the HS Creations community.

#### You'll want this as part of your festive feast, but it's versatile enough for other occasions.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Celery, Onion, Parsley, Kosher Salt, Chicken Bouillon, Sage, & Black Pepper.

Taste: Our Blend will remind you of Grandma's homemade stuffing!

Suggested Pairings: Poultry, Casseroles, Soups, & Stuffing.

Flavor Notes: Herbaceous, Earthy, Peppery, Pungent, Salty, Slightly Bitter, & Sweet.

Collections: Kid Friendly & Seasonal.





# Second Kitchen Blend (Kitchen Spice)



Do you love to cook with spices, but find it hard to choose the right combination for your recipes? Do you want to add some zest and aroma to your dishes, without compromising on quality and health? If you answered yes, then you need to try Second Kitchen Blend, the kitchen spice that will make you feel like you have a second kitchen in your home!

Second Kitchen Blend is a unique and potent mix of allspice, kosher salt, lemon peel, dry mustard, ginger, black pepper, cayenne pepper, and nutmeg. It is perfect for seasoning meats, poultry, fish, vegetables, soups, stews, and sauces. It will give your food a rich and complex flavor, with a hint of sweetness, tanginess, and heat. It will also fill your kitchen with a delicious and inviting smell, that will make your mouth water and your guests impressed.

So what are you waiting for? Order your Second Kitchen Blend today, and discover a new world of flavor for your dishes. You will never find this blend anywhere else, because it is so unique and exclusive. You will love it so much, that you will want to have a second kitchen in your home, just to cook with it!

#### A seasoning blend that will win over everyone's taste buds.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Cayenne Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Allspice, Kosher Salt, Lemon Peel, Dry Mustard, Ginger, Black Pepper, Cayenne Pepper, & Nutmeg.

Taste: Our Blend brings a warm, nutty, at home feelling. It has a slightly spicy kick.

Suggested Pairings: Meats (Various Kinds), Poultry, Seafood, Soups, & Vegetables.

Flavor Notes: Pungent, Spicy, Sweet, Earthy, Herbaceous, Hot, Peppery, Salty, Slightly Bitter, Smoky, Sour, Warm, Woody, & Zesty.

Collections: All Purpose, Onion, Garlic Free, & Vegan.





# Simple Seasoning Blend (Every Day Seasoning)



Do you want to add some flavor and color to your everyday dishes without spending too much time and money on different spices? Do you want to enjoy the health benefits of natural, organic, and handcrafted seasonings that are free of artificial preservatives and additives? If you answered yes to any of these questions, then you need to try Simple Seasoning Blend from HS Creations, the California company that specializes in creating fresh and delicious spice blends for every occasion.

Simple Seasoning Blend is a versatile and easy-to-use seasoning that combines kosher salt, paprika, turmeric, onion, and garlic in a perfect balance. You can use it to season meat, poultry, fish, vegetables, soups, salads, and more. It adds a rich and savory taste, a vibrant and appetizing color, and a pleasant and aromatic smell to your food. It also enhances the nutritional value of your meals, as it contains antioxidants, anti-inflammatory, and anti-microbial properties that support your immune system and overall well-being.

Don't settle for bland and boring food when you can spice it up with Simple Seasoning Blend. Order yours today from HS Creations and get ready to experience a new level of flavor and freshness. Simple Seasoning Blend is the only all-purpose seasoning you will ever need in your kitchen.

#### A versatile spice mix that you'll love in every dish.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Kosher Salt, Paprika, Turmeric, Onion, & Garlic.

Taste: Our Blend is salty, peppery, oniony, and full flavored.

Suggested Pairings: Meats (Various Kinds), Poultry, Seafood, Eggs, Rice, Soups, & Vegetables.

Flavor Notes: Pungent, Earthy, Salty, Slightly Bitter, & Sweet.

Collections: All Purpose & Vegan.





Simply Versatile Blend



Are you looking for a way to spice up your meals with natural, organic, and healthy ingredients? Do you want to enjoy the fresh and aromatic flavors of basil, oregano, rosemary, and chives in every bite? If so, you need to try Simply Versatile Blend, the handcrafted herb blend that is good on just about anything.

Whether you want to make a delicious dip, a savory dressing, or a mouthwatering marinade, Simply Versatile Blend will add a touch of nature to your dishes.

Don't miss this opportunity to discover the simple and versatile way to enjoy the best of nature's flavors. Order Simply Versatile Blend today and taste the difference.

#### A seasoning blend that you'll love for every occasion.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Basil, Chive, Oregano, & Rosemary.

Taste: Our Blend is a classic! This will become your go-to for meals, appetizers, and more!

Suggested Pairings: Meats (Especially Pork), Potatoes, & Vegetables.

Flavor Notes: Herbaceous, Slightly Minty, Cooling, Floral, Piney, Pungent, & Woody.

Collections: All Purpose, American, Onion & Garlic Free, Salt-Free, & Vegan.





# Soulful Soup Blend (Chicken Soup)



Are you looking for a way to spice up your soups, stews, and casseroles? Do you want to enjoy the comforting and healing benefits of chicken soup without spending hours in the kitchen? If so, you will love Soulful Soup Blend.

Soulful Soup Blend is more than just a seasoning. It's a way to bring the warmth and goodness of homemade chicken soup to your table in minutes. Whether you use it to make a classic soup, a hearty casserole, or a savory rice dish, you'll love the rich flavor and aroma of this blend. Soulful Soup Blend is made with natural ingredients, with no artificial preservatives, colors, or flavors. Just pure, wholesome, and delicious.

This versatile blend can transform any soup, stew, or casserole into a mouthwatering meal that everyone will enjoy.

Soulful Soup Blend is a must-have for your pantry. It is a convenient and flavorful way to make your dishes more delicious and nutritious.

#### Soulful Soup Blend is the secret to soulful cooking.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Chicken Bouillon, Kosher Salt, Onion, Carrot, Celery, Basil, Thyme, Turmeric, Parsley, Bay Leaf, Black Pepper, Fennel, Culinary Lavender, Rosemary, Savory, Marjoram, & Garlic.

Taste: The classic flavors of homemade chicken soup.

Suggested Pairings: Poultry, Casseroles, Pasta, Rice, Soups, & Stuffing.

Flavor Notes: Herbaceous, Slightly Bitter, Floral, Piney, Pungent, Cooling, Earthy, Fruity, Slightly Minty, Spicy, Sweet, Woody, Peppery, & Soothing.

Collections: American, Kid Friendly, & Soup-Ready.





# Soup's On! Blend (Instant Dry Soup)



The Soup's On! Blend is easy to use and versatile, and can be enjoyed in many ways. You can simply add water and simmer for a few minutes to make a delicious and savory soup, or you can add milk or cream for a creamier texture. You can also use this blend as a seasoning for your favorite dishes, such as chicken, fish, rice, pasta, or vegetables. You can even sprinkle some on popcorn or chips for a spicy snack.

The Soup's On! Blend is a must-have for your pantry, as it can help you create quick and easy meals that are flavorful and nutritious.

Try it today and see why HS Creations is the best choice for handcrafted, organic, healthy, and fresh blends.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Cayenne Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Celery, Chive, Garlic, Paprika, Parsley, Kosher Salt, Onion, Dry Mustard, Black Pepper, Oregano, Thyme, & Cayenne Pepper.

Taste: Chicken flavor with a bit of lingering spices.

Suggested Pairings: Meats (Various Kinds), Poultry, Casseroles, Soups, & Stuffing.

Flavor Notes: Pungent, Herbaceous, Slightly Bitter, Spicy, Sweet, Earthy, Floral, Hot, Peppery, Piney, Salty, & Smoky.

Collections: Kid Friendly, Soup-Ready, & Vegan.





# Spud-tacular Blend



If you love potatoes, you'll love Spud-tacular Blend, the ultimate potato seasoning from HS Creations. This handcrafted, organic, healthy, and fresh blend combines kosher salt, onion, garlic, paprika, black pepper, parsley, cayenne pepper, and celery to create a mouthwatering flavor that will transform any potato dish. Whether you're making fries, wedges, mashed, baked, or roasted potatoes, Spud-tacular Blend will add a burst of color and taste that will make you crave for more.

But Spud-tacular Blend is not just for potatoes. You can also use it to spice up your meats, poultry, eggs, soups, salads, and more. It's a versatile and delicious seasoning that will enhance any meal with its rich and savory flavor. Just a sprinkle of Spud-tacular Blend will make your food more satisfying and enjoyable. Plus, it's made with natural ingredients and no artificial preservatives, so you can feel good about what you're eating.

So, what are you waiting for? Order Spud-tacular Blend today and discover the difference it can make in your cooking. You'll be amazed by how much flavor it can add to your potatoes and beyond. Spud-tacular Blend is the perfect seasoning for any occasion, whether it's a family dinner, a barbecue, a picnic, or a snack. Try it now and see for yourself why it's called Spud-tacular.

#### Give it a try, we will assure you it will become a household staple in your pantry.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Cayenne Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Kosher Salt, Onion, Garlic, Paprika, Black Pepper, Parsley, Cayenne Pepper, & Celery.

Taste: Savor the perfect fusion of flavors that will satisfy everyone's taste buds. Make this moment unforgettable by inviting your loved ones to join you!

Suggested Pairings: Meats (Various Kinds), Fish, Poultry, Potatoes, Soups, & Vegetables.

Flavor Notes: Pungent, Salty, Sweet, Earthy, Herbaceous, Hot, Peppery, Slightly Bitter, Smoky, & Spicy.

Collections: All Purpose, Kid Friendly, & Vegan.





Summer Zen Blend



What is "Summer Zen"?

"Summer Zen" is the moment when you finally discover a perfectly balanced herb and spice blend that's inspired by sunshine. This unique blend features notes of shallots and Dijon mustard, creating a sweet and tart seasoning that's truly one-of-a-kind.

Are you looking for a way to spice up your meals with a burst of flavor and freshness? Look no further than Summer Zen Blend, a unique herb and spice blend that's inspired by sunshine. This blend combines the sweetness of shallots, the tanginess of Dijon mustard, the spiciness of black pepper and red pepper, and the savoryness of garlic and kosher salt. It's a perfect balance of flavors that will make your mouth water and your dishes shine.

Summer Zen Blend is versatile and easy to use. You can use it as a rub for meats, poultry, fish, or tofu, as a seasoning for vegetables, grains, or salads, or as a base for sauces, dressings, or marinades. Just mix it with some olive oil and red wine vinegar, and you have a delicious dressing or marinade that's ready in minutes. Or sprinkle it on your favorite foods for an instant boost of flavor and aroma. No matter how you use it, Summer Zen Blend will add a touch of summer to your plate.

While it is not a traditional herb and spice blend, your taste buds will become alive at the complex flavors!

#### A versatile blend that you will love for dressing and more!

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Red Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Shallot, Black Pepper, Dijon Mustard, Garlic, Kosher Salt, & Red Pepper.

Taste: Our Blend's use of Shallots and Dijon Mustard make this a unique sweet and tart dressing.

Suggested Pairings: Fish, Poultry, Salads, & Vegetables.

Flavor Notes: Pungent, Earthy, Hot, Peppery, Salty, Slightly Bitter, Spicy, Sweet, & Tangy.

Collections: Dressing-Ready & Vegan.





# Sweet Spice Blend (Indian)



If you love Indian cuisine, you know how important spices are to create the rich and complex flavors of the dishes. But buying and storing dozens of different spices can be expensive and cumbersome. That's why HS Creations has created the Sweet Spice Blend (Indian), a convenient and versatile mix of six essential spices that will transform your chicken and vegetables into a delicious and aromatic meal.

The Sweet Spice Blend (Indian) contains cumin, dry mustard, coriander, kosher salt, turmeric, and garlic, all organic and freshly ground. These spices are carefully balanced to give you a sweet, full-bodied flavor that is not too spicy or overpowering. You can use this blend to marinate your chicken, roast your vegetables, or add some zest to your rice or lentils. Just a sprinkle of this blend will make your dishes taste like they came from a restaurant.

Try our Sweet Spice Blend (Indian) today and discover the difference that fresh spices can make in your cooking.

#### A pantry staple that you'll love to have on hand.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Cumin, Dry Mustard, Coriander, Kosher Salt, Turmeric, & Garlic.

Taste: Our Blend works as a delicate, mild rub for something a little different!

Suggested Pairings: Poultry, Seafood, Rice, & Vegetables.

Flavor Notes: Spicy, Earthy, Pungent, Slightly Bitter, Fruity, Nutty, & Salty.

Collections: Globally Inspired & Vegan.





# Teary Blend (Onion Soup or Dip)



If you love the rich and savory flavor of onion, you'll love Teary Blend by HS Creations. This handcrafted, organic, healthy, and fresh blend combines onion, beef bouillon, parsley, turmeric, kosher salt, celery, and black pepper to create a mouthwatering base for soups, dips, and other dishes. Whether you want to make a classic French onion soup, a creamy onion dip, or a hearty onion stew, Teary Blend will make it easy and tasty!

Teary Blend is inspired by the tradition of French onion soup, a dish that dates back to the Middle Ages and has been enjoyed by people from all walks of life. French onion soup is known for its rich broth, caramelized onions, crunchy croutons, and melted cheese on top. With Teary Blend, you can recreate this iconic dish in your own kitchen with just a few simple steps. Just add water, simmer, and top with your favorite cheese and bread. You'll have a warm and satisfying meal that will make you feel cozy and happy.

But Teary Blend is not just for soup. You can also use it to make dips, sauces, casseroles, and more. Teary Blend adds a burst of onion flavor and aroma to any recipe that calls for onion powder, onion soup mix, or fresh onions. You can also experiment with different ingredients and spices to create your own unique dishes. Teary Blend is a versatile and convenient blend that will save you time and money, while enhancing the flavor and nutrition of your meals. Try it today and see why Teary Blend is the best onion blend on the market!

#### Sure to become a favorite addition to your pantry.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Onion, Beef Bouillon, Parsley, Turmeric, Kosher Salt, Celery, & Black Pepper.

Taste: Our Blend is a wonderful blend of onion and a variety of herbs and flavors to create a stew seasoning, an onion dip, or French Onion soup!

Suggested Pairings: Meats (Various Kinds), Poultry, Seafood, Dips, Potatoes, Soups, & Vegetables.

Flavor Notes: Earthy, Pungent, Salty, Slightly Bitter, Herbaceous, Peppery, & Sweet.

Collections: American, Kid Friendly, & Party Prep.





# Tomato Basil Soup Blend (Instant Dry Soup)



If you love the taste of tomato and basil, you will love the Tomato Basil Soup Blend from HS Creations. This blend is made with natural and organic ingredients like milk, tomato powder, chicken bouillon, basil, kosher salt, onion, black pepper, and garlic. It has no artificial flavors, colors, or preservatives, and it is gluten-free and non-GMO. You can use this blend to make delicious and easy soups, sauces, casseroles, and more. Just add water and simmer for a creamy and satisfying tomato basil soup, or mix it with your favorite pasta, meat, or vegetables for a hearty and flavorful meal. The Tomato Basil Soup Blend is versatile and convenient, and it will add a burst of freshness and aroma to your dishes.

#### Easy for home, camping, boating, outdoors, and much more!

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Tomato Powder, Kosher Salt, Chicken Bouillon, Basil, Black Pepper, Garlic, & Onion.

Taste: Pour on as a beef sauce, add Steak or other meats (e.g., Make a stew)

Suggested Pairings: Meats (Various Kinds), Seafood, Sauces, Soups, & Vegetables.

Flavor Notes: Pungent, Cooling, Earthy, Floral, Peppery, Salty, Savory, & Slightly Minty.

Collections: American, Kid Friendly, & Soup-Ready.





# Tuscan Sun Blend



If you love the flavors of Italy, you will love Tuscan Sun Blend from HS Creations. This blend is a delicious combination of oregano, thyme, garlic, marjoram, basil, fennel seed, rosemary, and sage, with a hint of red pepper flakes for some spice. Tuscan Sun Blend captures the essence of the Tuscany region, where fresh herbs and spices are used to enhance the natural taste of food. You can use Tuscan Sun Blend to season your meats, vegetables, breads, pasta dishes, and soups, or make a simple and tasty dressing or marinade with olive oil and vinegar. Tuscan Sun Blend will add a burst of flavor and aroma to any dish, making it a versatile and convenient blend for everyday cooking.

Tuscan Sun Blend is not only delicious, but also healthy and organic. It is made from handpicked and dried herbs and spices that are certified organic and non-GMO. It contains no salt, sugar, preservatives, or artificial ingredients, so you can enjoy it without worrying about your health. It is also vegan, gluten-free, and keto-friendly, making it suitable for various dietary needs and preferences. Tuscan Sun Blend is one of the many unique and handcrafted blends from HS Creations, a California company that specializes in creating organic, healthy, and fresh blends using only the best ingredients. HS Creations is committed to providing you with an elevated and gourmet food experience for your everyday meals. Try Tuscan Sun Blend today and discover the difference that quality and freshness can make. Bring the sun and flavor of Tuscany to your table.

#### This will spice up your usual Italian flavor in a delightful way.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Oregano, Thyme, Garlic, Marjoram, Basil, Fennel Seed, Rosemary, & Sage.

Taste: Our Blend is a classic herb mixture fragrant with rosemary, sage, and garlic that is used all over Northern Italy. It is good on just about anything.

Suggested Pairings: Meats (Especially Pork), Poultry, Eggs, Italian Dishes, Potatoes, Vegetables. Try it in Bloody Mary's! Try on Popcorn!

Flavor Notes: Herbaceous, Floral, Piney, Pungent, Slightly Minty, Cooling, Spicy, & Woody.

Collections: Dressing-Ready, Globally Inspired, Grilling Inspired, Salt-Free, & Vegan.





# Under the Sea Blend (Old Bay)



Do you love seafood? Do you want to spice up your dishes with a blend of herbs and spices that captures the flavor of the Chesapeake Bay? If so, you need to try Under the Sea Blend, a product of HS Creations, a California company that specializes in handcrafted, organic, healthy, and fresh blends.

Under the Sea Blend is inspired by Old Bay Seasoning, a classic seasoning that was created by a Jewish-German immigrant in and named after the Old Bay Line, a passenger ship line that operated in the Chesapeake Bay area in the early 1900s. Under the Sea Blend contains paprika, celery, kosher salt, onion, garlic, black pepper, cayenne pepper, dry mustard, ginger, allspice, bay leaf, and nutmeg. It is perfect for adding flavor and color to crab and shrimp dishes, as well as clam chowder and oyster stew. You can also use it as a topping for popcorn, salads, eggs, tater tots, baked potatoes, deviled eggs, and potato salad.

Under the Sea Blend is made with high-quality ingredients that are organic, non-GMO, gluten-free, and vegan. It is handcrafted in small batches to ensure freshness and quality. Try Under the Sea Blend today and discover the taste of the Chesapeake Bay in your own kitchen.

#### This blend will make any seafood lover's mouth water.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

\*This Blend has Cayenne Pepper, but HS Creations prioritizes gourmet flavor over heat. This blend is great for all families, without worrying about losing taste along the way!

Ingredients: Paprika, Celery, Kosher Salt, Onion, Garlic, Black Pepper, Cayenne Pepper, Dry Mustard, Ginger, Allspice, Bay Leaf, & Nutmeg.

Taste: Our Blend has a complex savory flavor, with bay leaf, celery salt, mustard, and pepper at the forefront. Other spices add depth and make this a well-rounded seasoning.

Suggested Pairings: Seafood, Eggs, Potatoes, Soups, Vegetables. Try it in Bloody Mary's! Try on Popcorn!

Flavor Notes: Pungent, Spicy, Sweet, Slightly Bitter, Earthy, Herbaceous, Hot, Peppery, Piney, Salty, Smoky, Warm, Woody, & Zesty.

Collections: American, Grilling Inspired, & Vegan.





# Universal Blend (Everything Blend)



Are you looking for a way to spice up your meals with a simple and versatile blend of natural ingredients? Look no further than Universal Blend (Everything Blend) by HS Creations, a California company specializing in handcrafted, organic, healthy, and fresh blends. This blend combines garlic, onion, poppy seed, sesame seed, and kosher salt to create a delicious and complex flavor that will enhance any dish.

Universal Blend (Everything Blend) is not just for bagels, although it does make them taste amazing. You can use this blend to add a savory touch to almost anything, from roasted meats and fried eggs to soups and dips. Whether you want to create a mouthwatering rub, a creamy compound butter, or a crunchy topping, this blend will do the trick. You can also sprinkle it on salads, sandwiches, pasta, pizza, or popcorn for a burst of flavor.

Universal Blend (Everything Blend) is a must-have for any kitchen. It is made with high-quality ingredients that are organic, non-GMO, gluten-free, and vegan. It is also handcrafted in small batches to ensure freshness and quality. You will love the convenience and versatility of this blend, as well as the taste. Order yours today and discover why Universal Blend (Everything Blend) is the ultimate seasoning for everything!

#### A hit for every occasion.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Garlic, Onion, Poppy Seed, Sesame Seed, & Kosher Salt.

Taste: Our Blend is a must in your pantry! Put it on anything! Let the spices speak for themselves!

Suggested Pairings: Eggs, Bread, Potatoes, Vegetables. Use on almost anything!

Flavor Notes: Nutty, Sweet, Pungent, & Salty.

Collections: All Purpose, American, Kid Friendly, & Vegan.





# Zesty Mottle Blend (Garlic Lemon Pepper)



Are you looking for a way to spice up your meals with a natural and healthy seasoning? Do you want to add a zesty and refreshing flavor to your poultry and seafood dishes? If so, you will love Zesty Mottle Blend, a garlic lemon pepper seasoning from HS Creations, a California company that specializes in handcrafted, organic, fresh blends.

Zesty Mottle Blend is made with black pepper, lemon peel, and garlic, a combination that is both piquant and invigorating. Unlike commercial lemon pepper seasonings, Zesty Mottle Blend uses the lemon peel, not the juice, to capture the true essence of lemon flavor. The lemon peel has a bright and zesty taste that adds a punch to any dish, while the juice only provides a sour taste. The garlic enhances the flavors and adds a touch of warmth and aroma. The black pepper balances the seasoning with a hint of spice and heat.

Zesty Mottle Blend is easy to use and versatile. You can sprinkle it on your chicken, fish, shrimp, or scallops before cooking, or add it to your marinades, sauces, or dressings for a burst of flavor. Zesty Mottle Blend has a well-rounded flavor that won't disrupt your dishes' taste, color, or texture. It is also organic, gluten-free, and vegan, so you can enjoy it without any guilt. Try Zesty Mottle Blend today and discover how it can transform your meals into a delicious and healthy experience.

#### A must-have spice for your fish and shellfish dishes.

HS Creations creates unique, handcrafted, organic, healthy blends using only the best ingredients. Our goal is to create an elevated, gourmet food experience for your everyday meals.

Ingredients: Black Pepper, Lemon Peel, & Garlic.

Taste: Our Blend adds garlic to the traditional lemon and black pepper!

Suggested Pairings: Meats (Various Kinds), Seafood, Potatoes, Rice, Salsas, Sauces, & Vegetables.

Flavor Notes: Earthy, Peppery, Pungent, & Sour.

Collections: American, Kid Friendly, Salt-Free, & Vegan.



Handcrafted Organic, Healthy, Fresh Blends

# **Box Sets**





# All-American Inspired Tasting Kit



Showcasing SIX! 4-ounce blends that are customer favorites from the HS Creations "American Inspired Blends" collection!

If you love to experiment with different flavors and cuisines, you will love the All-American Inspired Tasting Kit from HS Creations. This kit contains six handcrafted, organic, healthy, and fresh blends of seasonings that will spice up any dish. Whether you want to add some zing to your salads, soups, meats, or vegetables, you will find the perfect blend for your taste buds. Enjoy the

Flavor Blast Blend, a versatile everyday seasoning that enhances any food, Kickin' Mix, a spicy blend that adds a kick to your dishes, Must Be Garlic Blend, a garlic lover's dream that brings out the aroma and flavor of garlic, Picante Variety Blend, another everyday seasoning that has a mild heat and a tangy taste, Rancher Blend, a ranch dressing mix that makes salads, dips, and snacks more delicious, and Universal Blend, an everything blend that goes well with anything.

The All-American Inspired Tasting Kit is a great way to explore new flavors and cuisines or to give as a gift to someone who loves to cook.

Order yours today and enjoy the taste of America!

Flavor Blast Blend (Every Day Seasoning) Ingredients: Cayenne Pepper, Garlic, Kosher Salt, Onion, Black Pepper, Marjoram, Rosemary, & Aniseed

Kickin' Mix Ingredients: Onion, Red Pepper, Garlic, Kosher Salt, Parsley, & Black Pepper

Must Be Garlic Blend Ingredients: Garlic, Chive, Onion, Parsley, Dill, Kosher Salt, & Basil

Picante Variety Blend (Every Day Seasoning) Ingredients: Kosher Salt, Black Pepper, Onion, Chicken Bouillon, Chili Pepper, Cumin, Parsley, Garlic, Curry, Paprika, & Marjoram

Rancher Blend (Ranch) Ingredients: Buttermilk, Onion, Parsley, Chive, Garlic, Dill, Kosher Salt, & Black Pepper

Universal Blend (Everything Blend) Ingredients: Garlic, Onion, Poppy Seed, Sesame Seed, & Kosher Salt





**Globally Inspired Tasting Kit** 



Showcasing SIX! 4-ounce blends that are customer favorites from the HS Creations "Globally Inspired Blends" collection!

If you are looking for a way to spice up your meals and explore new flavors, look no further than the Globally Inspired Tasting Kit by HS Creations. This kit contains six unique and delicious spice blends that will transport you to different parts of the world with every bite.

You can enjoy the tangy and herbaceous Argentinian Blend (Chimichurri), the warm and aromatic Bahārāt Blend (Middle Eastern), the spicy and garlicky Cappy Allium Blend (Pipelchuma), the nutty and fragrant Hyssop Blend (Za'atar), the savory and complex Jerusalem Blend, and the sweet and spicy Rani Blend (Garam Masala). All of these blends are handcrafted, organic, healthy, and fresh, and they come in convenient and reusable jars.

Whether you want to grill, roast, bake, or sauté, the Globally Inspired Tasting Kit by HS Creations will add a burst of flavor and excitement to your dishes.

Argentinian Blend (Chimichurri) Ingredients: Basil, Oregano, Parsley, Kosher Salt, Thyme, Savory, Smoked Paprika, Black Pepper, Garlic, & Red Pepper

Baharat Blend (Middle Eastern) Ingredients: Paprika, Red Pepper, Turmeric, Black Pepper, Cardamom, Cinnamon, Cumin, Kosher Salt, Allspice, Ginger, Clove, & Coriander

Cappy Allium Blend (Pipelchuma) Ingredients: Caraway, Chili Pepper, Cumin, & Garlic

Hyssop Blend (Za'atar) Ingredients: Sumac, Thyme, Marjoram, Oregano, Sesame Seed, & Kosher Salt

Jerusalem Blend Ingredients: Sumac, Garlic, Turmeric, Coriander, Curry, Black Pepper, Cardamom, Cinnamon, & Clove

Rani Blend (Garam Masala) Ingredients: Cumin, Coriander, Black Pepper, Cardamom, Cinnamon, Clove, & Nutmeg





Grilling Inspired Tasting Kit



Showcasing SIX! 4-ounce blends that are customer favorites from HS Creations!

Introducing the Grilling Inspired Tasting Kit by HS Creations – the perfect way to add some delicious and healthy flavors to your grilling experience. If you're a fan of grilling, you won't want to miss out on this kit. It includes six unique blends that will take your grilled meats, seafood, and vegetables to the next level. Whether you're looking for a buttery richness, tropical heat, garlic punch, zesty kick, Mediterranean charm, or classic seafood seasoning, you'll find it all in this kit. The blends are all made by hand, using only the freshest and highest quality organic ingredients, with no artificial preservatives or additives.

So why not try the Grilling Inspired Tasting Kit by HS Creations today and discover a whole new world of grilling possibilities?

Cowboy Butter Ingredients: Parsley, Garlic, Chive, Dijon Mustard, Chili Pepper, Lemon Peel, Paprika, Thyme, & Cayenne Pepper

Jamaican Jerk Blend Ingredients: Onion, Thyme, Kosher Salt, Cinnamon, & Cayenne Pepper

Must Be Garlic Blend Ingredients: Garlic, Chive, Onion, Parsley, Dill, Kosher Salt, & Basil

Picante Variety Blend (Every Day Seasoning) Ingredients: Kosher Salt, Black Pepper, Onion, Chicken Bouillon, Chili Pepper, Cumin, Parsley, Garlic, Curry, Paprika, & Marjoram

Tuscan Sun Blend Ingredients: Oregano, Thyme, Garlic, Marjoram, Basil, Fennel Seed, Rosemary, & Sage

Under the Sea Blend (Old Bay) Ingredients: Paprika, Celery, Kosher Salt, Onion, Garlic, Black Pepper, Cayenne Pepper, Dry Mustard, Ginger, Allspice, Bay Leaf, & Nutmeg





Holiday Inspired Tasting Kit



Showcasing SIX! 4 ounce Blends that are customer favorites from the HS Creations "Holiday Inspired Blends" collection!

If you are looking for a way to spice up your holiday meals, look no further than the Holiday Inspired Tasting Kit by HS Creations. This kit contains six delicious and versatile spice blends that will add warmth, depth, and zest to your dishes.

Whether you want to make a gingerbread spice cake with the GingerSNAP! Blend, a pumpkin spice latte with the Gourd-geous Blend, a spicy dip with the Kickin' Mix, a garlic bread with the Must Be Garlic Blend, a roasted chicken with the Poultry Solved! Blend, or a savory stuffing with the Savory Stuffing Blend, you will find something to suit your taste buds in this kit. Each blend is made with high-quality, organic, and fresh ingredients, and comes in a reusable jar.

Order your Holiday Inspired Tasting Kit today and enjoy the flavors of the season with HS Creations.

GingerSNAP! Blend (Gingerbread Spice) Ingredients: Cinnamon, Ginger, Allspice, Black Pepper, Nutmeg, & Clove

Gourd-geous Blend (Pumpkin Spice) Ingredients: Cinnamon, Ginger, Nutmeg, & Clove

Kickin' Mix Ingredients: Onion, Red Pepper, Garlic, Kosher Salt, Parsley, & Black Pepper

Must be Garlic Blend Ingredients: Garlic, Chive, Onion, Parsley, Dill, Kosher Salt, & Basil

Poultry Solved! Blend Ingredients: Garlic, Paprika, Parsley, Kosher Salt, Onion, Dry Mustard, Oregano, Thyme, Black Pepper, & Cayenne Pepper

Savory Stuffing Blend Ingredients: Celery, Onion, Parsley, Sage, Chicken Bouillon, Kosher Salt, & Black Pepper





Party Pack Tasting Kit



Showcasing SIX! 4 ounce Blends that are customer favorites from HS Creations!

Are you looking for an easier way to prepare for your parties while still maintaining delicious and healthy flavors? Look no further than the Party Pack Tasting Kit. This kit contains six different blends, each designed to take your taste buds on a culinary journey around the world.

You can enjoy the AI Pastor Blend for a taco night, the Herby Blend for a fresh salad, the Kickin' Mix for a spicy kick, the OPA! Blend for a Greek feast, the Rancher Blend for a creamy dip, and the Teary Blend for a savory onion soup. Each blend is made with natural ingredients and contains no artificial flavors, preservatives, or MSG.

Whether you want to host a party, make a gift, or treat yourself, the Party Pack Tasting Kit is the perfect choice for anyone who loves good food and good health.

Al Pastor Blend (Taco) Ingredients: Chili Pepper, Onion, Cumin, Paprika, Garlic, & Kosher Salt

Herby Blend Ingredients: Garlic, Parsley, Basil, Thyme, Red Pepper, Sage, & Kosher Salt

Kickin' Mix Ingredients: Onion, Red Pepper, Garlic, Kosher Salt, Parsley, & Black Pepper

OPA! Blend (Greek Seasoning) Ingredients: Oregano, Rosemary, Basil, Lemon Peel, Marjoram, Black Pepper, Sumac, Parsley, Kosher Salt, Cinnamon, Dill, Garlic, Nutmeg, Onion, & Thyme

Rancher Blend (Ranch) Ingredients: Buttermilk, Onion, Parsley, Chive, Garlic, Dill, Kosher Salt, & Black Pepper

Teary Blend (Onion Soup or Dip) Ingredients: Onion, Beef Bouillon, Parsley, Turmeric, Kosher Salt, Celery, & Black Pepper





Salt-Free Blends Tasting Kit



Showcasing SIX! 4 ounce Blends that are customer favorites from the HS Creations "Salt-Free Inspired Blends" collection!

If you are looking for a way to add flavor and variety to your meals without adding salt, look no further than the Salt-Free Blends Tasting Kit from HS Creations. This kit includes six delicious and versatile blends of spices and herbs, each with its own unique taste and health benefits.

You can enjoy the Beat Happy Blend, which is heart healthy and rich in antioxidants, the Bold Not Salt Blend, which adds a savory and smoky touch to any dish, the Cappy Allium Blend, which is inspired by the Mediterranean pipelchuma and has a spicy and garlicky kick, the Chillin' Chili Blend, which brings a mild and sweet heat to your food, the Mangiare Blend, which is a classic Italian seasoning with a twist, and the Zesty Mottle Blend, which combines garlic, lemon, and pepper for a zesty and refreshing flavor. All of these blends are handcrafted, organic, healthy, and fresh, and they contain no salt, sugar, preservatives, or artificial ingredients.

With the Salt-Free Blends Tasting Kit, you can transform your meals into a culinary adventure, while also taking care of your health and wellness.

Beat Happy Blend (Heart Healthy) Ingredients: Garlic, Marjoram, Nutmeg, Onion, Parsley, Sage, Savory, Thyme, Basil, Black Pepper, & Cayenne Pepper

Bold Not Salt Blend Ingredients: Black Pepper, Dry Mustard, Garlic, Onion, Paprika, Thyme, White Pepper, Lemon Peel, & Celery Seed

Cappy Allium Blend (Pipelchuma) Ingredients: Caraway, Chili Pepper, Cumin, & Garlic

Chillin' Chili Blend Ingredients: Oregano, Smoked Paprika, Thyme, Basil, Black Pepper, Coriander, Cumin, Garlic, Onion, & Cayenne Pepper

Mangiare Blend (Italian Seasoning) Ingredients: Oregano, Parsley, Basil, Red Pepper, Rosemary, Thyme, & Garlic

Zesty Mottle Blend (Garlic Lemon Pepper) Ingredients: Black Pepper, Lemon Peel, & Garlic





# YOU PICK: 6-Pack Blend Tasting Pack



We can't show you what's in this kit, because YOU have not decided!

Select SIX! 4-ounce blends from our catalog for this tasting kit – be inspired!

If you are looking for a unique and delicious gift for someone who loves to cook and explore new flavors, look no further than the HS Creations "You Pick Six" box set. This box set lets you choose six four-ounce blends from our complete range of Blends, including taco, chimichurri, za'atar, garam masala, old bay, and many more.

You can mix and match any combination of blends to suit your taste and mood (there are over 12 billion combinations you can make!).

All the blends are handcrafted, organic, healthy, and fresh, made with the finest ingredients. Whether you want to add some heat, some zest, some sweetness, or some complexity to your dishes, the HS Creations "You Pick Six" box set has something for everyone.

Order yours today and discover the world of flavor in a box.

Blend 1 Ingredients: We will let you know when you make a selection online!

Blend 2 Ingredients: We will let you know when you make a selection online!

Blend 3 Ingredients: We will let you know when you make a selection online!

Blend 4 Ingredients: We will let you know when you make a selection online!

Blend 5 Ingredients: We will let you know when you make a selection online!

Blend 6 Ingredients: We will let you know when you make a selection online!



# Bundles





# Middle Eastern (Za'atar) Inspired Bundle (3 Pack)



The Middle Eastern (Za'atar) Inspired Bundle – 3 Pack from HS Creations is a great choice for you. This bundle includes three of our most popular blends that are perfect as salad dressings, marinades, or to season meat, fish, or any other dish. What's special about this bundle is that the blends complement each other when used together in a recipe. Here's what you'll get:

- Hyssop Blend (Za'atar): A unique blend of floral, nutty, herbaceous, piney, spicy, and sweet flavors that make it a versatile ingredient.
- Must Be Garlic Blend: A savory and pungent blend of garlic, onion, parsley, and sea salt that will enhance the natural taste of your seafood.
- Zesty Mottle Blend (Garlic Lemon Pepper): A zesty and refreshing blend of garlic, lemon peel, black pepper, and other herbs that will add a tangy and bright touch to your seafood.

Whether you need a salad dressing, marinade, or an aromatic seasoning, our Middle Eastern (Za'atar) Inspired Bundle – 3 Pack will make it easy and fun to prepare and enjoy your meal.

Hyssop Blend (Za'atar) Ingredients: Sumac, Thyme, Marjoram, Oregano, Sesame Seed, & Kosher Salt.

Must be Garlic Blend Ingredients: Garlic, Chive, Onion, Parsley, Dill, Kosher Salt, & Basil

Zesty Mottle Blend (Garlic Lemon Pepper) Ingredients: Black Pepper, Lemon Peel, & Garlic





# Seafood Inspired Bundle - 3 Pack



If you love seafood, you'll love the Seafood Inspired Bundle – 3 Pack from HS Creations. This bundle features three of our most popular and delicious blends that will add a burst of flavor and aroma to your fish, shrimp, crab, lobster, seafood, or any other dish. We picked this Bundle because they complement each other when you use them all in a recipe! You'll get:

- Must Be Garlic Blend: A savory and pungent blend of garlic, onion, parsley, and sea salt that will enhance the natural taste of your seafood and make your mouth water.
- Under the Sea Blend (Old Bay): A classic and versatile blend of celery salt, paprika, black pepper, red pepper, nutmeg, and other spices that will give your seafood a rich and complex flavor and a hint of heat.
- Zesty Mottle Blend (Garlic Lemon Pepper): A zesty and refreshing blend of garlic, lemon peel, black pepper, and other herbs that will add a tangy and bright touch to your seafood and make it irresistible.

Whether you want to grill, bake, fry, or steam your seafood, our Seafood Inspired Bundle – 3 Pack will make it easy and fun to prepare and enjoy your meal.

Must be Garlic Blend Ingredients: Garlic, Chive, Onion, Parsley, Dill, Kosher Salt, & Basil

Under the Sea Blend (Old Bay) Ingredients: Paprika, Celery, Kosher Salt, Onion, Garlic, Black Pepper, Cayenne Pepper, Dry Mustard, Ginger, Allspice, Bay Leaf, & Nutmeg

Zesty Mottle Blend (Garlic Lemon Pepper) Ingredients: Black Pepper, Lemon Peel, & Garlic



# Our Ingredients



# HS Creations: Herbs, Spices, and Seasonings

A guide to the ingredients used by HS Creations to enhance your everyday meals.

#### Allspice

- Scientific name: Pimenta dioica
- Flavor: Warm, sweet, and aromatic, similar to a blend of cinnamon, cloves, and nutmeg
- Health benefits: Rich in antioxidants, anti-inflammatory, and antimicrobial properties, may help lower blood sugar and cholesterol levels, and improve digestion

#### Aniseed

- Scientific name: Pimpinella anisum
- Flavor: Licorice-like, sweet, and slightly spicy
- Health benefits: May help relieve menstrual cramps, menopausal symptoms, cough, asthma, and digestive issues, may also have antifungal and antibacterial effects

#### Basil

- Scientific name: Ocimum basilicum
- Flavor: Fresh, sweet, and peppery, with a hint of mint and clove
- Health benefits: Contains antioxidants, anti-inflammatory, and antimicrobial compounds, may help lower blood pressure, reduce stress, and prevent infections

#### Bay Leaf

- Scientific name: Laurus nobilis
- Flavor: Woody, herbal, and slightly bitter, with a camphor-like aroma
- Health benefits: May help improve digestion, reduce inflammation, and lower blood sugar levels, may also have anticancer and antidiabetic effects

## **Beef Bouillon**

- Scientific name: N/A
- Flavor: Salty, savory, and meaty, with a rich umami taste
- Health benefits: May provide protein, iron, and B vitamins, may also enhance the flavor and texture of soups, stews, and sauces

## **Black Pepper**

- Scientific name: Piper nigrum
- Flavor: Pungent, spicy, and slightly earthy, with a warm and woody aroma
- Health benefits: Contains antioxidants, anti-inflammatory, and antimicrobial properties, may help improve digestion, metabolism, and blood circulation, may also increase the absorption of other nutrients and spices



## Buttermilk

- Scientific name: N/A
- Flavor: Tangy, sour, and creamy, with a thick and smooth consistency
- Health benefits: May provide calcium, protein, and probiotics, may help lower blood pressure, improve bone health, and support gut health

## Caraway

- Scientific name: Carum carvi
- Flavor: Aromatic, nutty, and slightly sweet, with a hint of anise and fennel
- Health benefits: May help ease digestive problems, such as bloating, gas, and indigestion, may also have antispasmodic, carminative, and antifungal effects

#### Cardamom

- Scientific name: Elettaria cardamomum
- Flavor: Fragrant, floral, and citrusy, with a warm and spicy undertone
- Health benefits: May help lower blood pressure, cholesterol, and blood sugar levels, may also have antioxidant, anti-inflammatory, and antimicrobial properties

#### Carrot

- Scientific name: Daucus carota
- Flavor: Sweet, crunchy, and earthy, with a bright orange color
- Health benefits: May provide beta-carotene, vitamin A, and fiber, may help improve vision, skin health, and immunity

## Cayenne Pepper

- Scientific name: Capsicum annuum
- Flavor: Hot, fiery, and smoky, with a red color and a pungent aroma
- Health benefits: May help boost metabolism, reduce appetite, and burn calories, may also have antiinflammatory, analgesic, and anticancer effects

#### Celery

- Scientific name: Apium graveolens
- Flavor: Crisp, fresh, and slightly bitter, with a green color and a mild aroma
- Health benefits: May provide antioxidants, vitamin K, and fiber, may help lower blood pressure, cholesterol, and inflammation, may also have diuretic and detoxifying effects

## Celery Seed

- Scientific name: Apium graveolens
- Flavor: Similar to celery, but more concentrated, nutty, and peppery
- Health benefits: May help improve digestion, lower blood pressure, and reduce inflammation, may also have diuretic, antispasmodic, and antibacterial properties



## Chicken Bouillon

- Scientific name: N/A
- Flavor: Salty, savory, and chicken-like, with a rich umami taste
- Health benefits: May provide protein, collagen, and B vitamins, may also enhance the flavor and texture of soups, stews, and sauces

## Chili Pepper

- Scientific name: Capsicum annuum
- Flavor: Hot, spicy, and fruity, with a red, green, or yellow color and a pungent aroma
- Health benefits: May provide antioxidants, vitamin C, and capsaicin, may help boost metabolism, reduce appetite, and burn calories, may also have anti-inflammatory, analgesic, and anticancer effects

#### Chive

- Scientific name: Allium schoenoprasum
- Flavor: Mild, onion-like, and slightly grassy, with a green color and a delicate aroma
- Health benefits: May provide antioxidants, vitamin K, and folate, may help lower blood pressure, cholesterol, and inflammation, may also have antibacterial and antiviral effects

#### Cinnamon

- Scientific name: Cinnamomum verum
- Flavor: Sweet, warm, and woody, with a brown color and a fragrant aroma
- Health benefits: May help lower blood sugar, cholesterol, and inflammation, may also have antioxidant, antimicrobial, and anticancer properties

#### Clove

- Scientific name: Syzygium aromaticum
- Flavor: Sweet, spicy, and pungent, with a dark brown color and a strong aroma
- Health benefits: May help relieve toothache, nausea, and cough, may also have antioxidant, anti-inflammatory, and antimicrobial properties

#### Coriander

- Scientific name: Coriandrum sativum
- Flavor: Fresh, citrusy, and slightly nutty, with a green color and a mild aroma
- Health benefits: May provide antioxidants, vitamin C, and fiber, may help lower blood sugar, cholesterol, and inflammation, may also have antibacterial and antifungal effects

## Culinary Lavender

- Scientific name: Lavandula angustifolia
- Flavor: Floral, sweet, and slightly minty, with a purple color and a soothing aroma
- Health benefits: May help reduce stress, anxiety, and insomnia, may also have antioxidant, anti-inflammatory, and antimicrobial properties



## Cumin

- Scientific name: Cuminum cyminum
- Flavor: Earthy, nutty, and slightly bitter, with a yellow-brown color and a warm aroma
- Health benefits: May help improve digestion, lower blood sugar, and fight infections, may also have antioxidant, anti-inflammatory, and anticancer effects

## Curry

- Scientific name: N/A
- Flavor: A blend of various spices, such as turmeric, cumin, coriander, and chili, with a yellow color and a spicy and aromatic taste
- Health benefits: May provide antioxidants, anti-inflammatory, and antimicrobial compounds, may help lower blood sugar, cholesterol, and inflammation, may also have anticancer and neuroprotective effects

## **Dijon Mustard**

- Scientific name: N/A
- Flavor: Tangy, spicy, and slightly sweet, with a yellow color and a smooth texture
- Health benefits: May provide antioxidants, vitamin C, and selenium, may help lower blood pressure, cholesterol, and inflammation, may also have antibacterial and antifungal effects

#### Dill

- Scientific name: Anethum graveolens
- Flavor: Fresh, herbal, and slightly bitter, with a green color and a feathery appearance
- Health benefits: May provide antioxidants, vitamin C, and iron, may help improve digestion, lower blood sugar, and reduce menstrual cramps, may also have antibacterial and antifungal effects

# Dried Honey (Granulated)

- Scientific name: N/A
- Flavor: Sweet, floral, and slightly caramelized, with a light brown color and a granular texture
- Health benefits: May provide antioxidants, enzymes, and minerals, may help heal wounds, soothe sore throats, and boost immunity, may also have antibacterial and antifungal effects

## Dry Mustard

- Scientific name: Sinapis alba
- Flavor: Sharp, pungent, and slightly bitter, with a yellow color and a powdery texture
- Health benefits: May provide antioxidants, vitamin C, and selenium, may help lower blood pressure, cholesterol, and inflammation, may also have antibacterial and antifungal effects

## Fennel

- Scientific name: Foeniculum vulgare
- Flavor: Licorice-like, sweet, and crunchy, with a white-green color and a bulbous shape
- Health benefits: May provide antioxidants, vitamin C, and fiber, may help improve digestion, lower blood pressure, and reduce menstrual symptoms, may also have diuretic, carminative, and antispasmodic effects



## Fennel Seed

- Scientific name: Foeniculum vulgare
- Flavor: Similar to fennel, but more concentrated, nutty, and peppery
- Health benefits: May help improve digestion, lower blood pressure, and reduce menstrual symptoms, may also have diuretic, carminative, and antispasmodic effects

#### Garlic

- Scientific name: Allium sativum
- Flavor: Pungent, spicy, and slightly sweet, with a white color and a strong aroma
- Health benefits: May help lower blood pressure, cholesterol, and inflammation, may also have antioxidant, antimicrobial, and anticancer effects

#### Ginger

- Scientific name: Zingiber officinale
- Flavor: Spicy, zesty, and slightly sweet, with a yellow color and a knobby shape
- Health benefits: May help relieve nausea, vomiting, and motion sickness, may also have anti-inflammatory, analgesic, and antidiabetic effects

#### Green Beans

- Scientific name: Phaseolus vulgaris
- Flavor: Fresh, crisp, and slightly sweet, with a green color and a long and slender shape
- Health benefits: May provide antioxidants, vitamin C, and fiber, may help lower blood sugar, cholesterol, and inflammation, may also have anticancer and neuroprotective effects

## Green Bell Pepper

- Scientific name: Capsicum annuum
- Flavor: Mild, crunchy, and slightly bitter, with a green color and a hollow shape
- Health benefits: May provide antioxidants, vitamin C, and folate, may help lower blood pressure, cholesterol, and inflammation, may also have anticancer and antidiabetic effects

## Jalapeño Pepper

- Scientific name: Capsicum annuum
- Flavor: Hot, spicy, and slightly fruity, with a green or red color and a pungent aroma
- Health benefits: May provide antioxidants, vitamin C, and capsaicin, may help boost metabolism, reduce appetite, and burn calories, may also have anti-inflammatory, analgesic, and anticancer effects

## Kosher Salt

- Scientific name: Sodium chloride
- Flavor: Salty, clean, less bitter than table salt
- Health benefits: Provides essential minerals, regulates fluid balance, supports nerve and muscle function



## Lemon Peel

- Scientific name: Citrus limon
- Flavor: Sour, citrusy, zesty, aromatic
- Health benefits: Rich in vitamin C, antioxidants, and fiber, boosts immunity, aids digestion, enhances skin health

#### Marjoram

- Scientific name: Origanum majorana
- Flavor: Sweet, floral, herbaceous, slightly minty
- Health benefits: Contains anti-inflammatory and antibacterial properties, improves blood circulation, relieves stress and anxiety

#### Mexican Oregano

- Scientific name: Lippia graveolens
- Flavor: Earthy, spicy, pungent, similar to oregano but more intense
- Health benefits: Has antifungal and antiviral effects, stimulates appetite, aids digestion, alleviates respiratory problems

#### Milk

- Scientific name: Varies depending on the source animal, e.g. Bos taurus for cow milk, Capra aegagrus hircus for goat milk
- Flavor: Creamy, slightly sweet, mild
- Health benefits: Provides protein, calcium, and vitamin D, supports bone health, prevents osteoporosis, promotes growth and development

## Nutmeg

- Scientific name: Myristica fragrans
- Flavor: Warm, spicy, nutty, slightly sweet
- Health benefits: Has anti-inflammatory and antioxidant properties, improves cognitive function, reduces pain and inflammation, enhances mood

#### Onion

- Scientific name: Allium cepa
- Flavor: Pungent, sharp, savory, sweet when cooked
- Health benefits: Contains quercetin, a flavonoid that has anti-cancer and anti-allergic effects, lowers blood pressure and cholesterol, boosts immunity, fights infections

## Oregano

- Scientific name: Origanum vulgare
- Flavor: Aromatic, earthy, peppery, slightly bitter
- Health benefits: Has antimicrobial and anti-inflammatory properties, contains carvacrol and thymol, compounds that have antioxidant and anticancer effects, improves digestion, supports respiratory health



## Paprika

- Flavor: Smoky, sweet, spicy, depending on the variety
- Scientific name: Capsicum annuum
- Health benefits: Rich in vitamin A, beta-carotene, and capsaicin, enhances vision, boosts metabolism, reduces inflammation, relieves pain

## Parsley

- Scientific name: Petroselinum crispum
- Flavor: Fresh, green, slightly bitter
- Health benefits: High in vitamin C, vitamin K, and folate, supports blood clotting, prevents scurvy, detoxifies the body, freshens breath

#### Pea

- Scientific name: Pisum sativum
- Health benefits: Provides protein, fiber, and vitamin B, lowers blood sugar and cholesterol, supports digestion, prevents constipation
- Flavor: Sweet, starchy, tender

#### Peas

- Scientific name: Pisum sativum
- Flavor: Sweet, starchy, tender
- Health benefits: Provides protein, fiber, and vitamin B, lowers blood sugar and cholesterol, supports digestion, prevents constipation

## Poppy Seed

- Scientific name: Papaver somniferum
- Flavor: Nutty, crunchy, slightly bitter
- Health benefits: Contains calcium, iron, and magnesium, strengthens bones, improves blood circulation, regulates sleep and mood

## Red Pepper

- Scientific name: Capsicum annuum
- Flavor: Sweet, tangy, crunchy, mildly spicy
- Health benefits: High in vitamin C, vitamin A, and antioxidants, boosts immunity, protects against infections, improves skin and eye health

#### Rosemary

- Scientific name: Rosmarinus officinalis
- Flavor: Woody, piney, minty, aromatic
- Health benefits: Has anti-inflammatory and antimicrobial properties, improves memory and concentration, stimulates hair growth, relieves stress and pain



## Sage

- Scientific name: Salvia officinalis
- Flavor: Earthy, savory, slightly bitter, camphor-like
- Health benefits: Has antioxidant and anti-inflammatory properties, enhances cognitive function, lowers blood sugar and cholesterol, soothes sore throat and cough

## Savory

- Scientific name: Satureja hortensis (summer savory) or Satureja montana (winter savory)
- Flavor: Peppery, thyme-like, slightly minty, more pungent for winter savory
- Health benefits: Has antiseptic and expectorant properties, aids digestion, reduces gas and bloating, fights infections, relieves congestion

## Scallion

- Scientific name: Allium fistulosum
- Flavor: Mild, onion-like, slightly sweet
- Health benefits: Contains vitamin C, vitamin K, and allicin, a compound that has antibacterial and antifungal effects, lowers blood pressure and cholesterol, prevents scurvy, supports bone health

#### Sesame Seed

- Scientific name: Sesamum indicum
- Flavor: Nutty, rich, slightly sweet
- Health benefits: High in protein, calcium, and magnesium, supports bone health, lowers blood pressure and cholesterol, improves skin and hair health

## Shallot

- Scientific name: Allium cepa var. aggregatum
- Flavor: Mild, sweet, onion-like, slightly garlicky
- Health benefits: Contains quercetin, a flavonoid that has anti-cancer and anti-allergic effects, lowers blood pressure and cholesterol, boosts immunity, fights infections

## Smoked Paprika

- Scientific name: Capsicum annuum
- Flavor: Smoky, sweet, spicy, depending on the variety
- Health benefits: Rich in vitamin A, beta-carotene, and capsaicin, enhances vision, boosts metabolism, reduces inflammation, relieves pain

#### Soy

- Scientific name: Glycine max
- Flavor: Nutty, earthy, creamy, slightly sweet
- Health benefits: Provides complete protein, fiber, and phytoestrogens, lowers blood pressure and cholesterol, prevents osteoporosis, reduces menopausal symptoms



#### Sumac

- Scientific name: Rhus coriaria
- Flavor: Tangy, sour, lemony, fruity
- Health benefits: Has antioxidant and anti-inflammatory properties, lowers blood sugar and cholesterol, improves digestion, enhances immunity

#### Thyme

- Scientific name: Thymus vulgaris
- Flavor: Aromatic, minty, lemony, slightly bitter
- Health benefits: Has antimicrobial and antifungal properties, contains thymol, a compound that has antioxidant and anticancer effects, improves respiratory health, relieves cough and sore throat

#### Tomato

- Scientific name: Solanum lycopersicum
- Flavor: Juicy, sweet, acidic, slightly umami
- Health benefits: High in vitamin C, lycopene, and antioxidants, protects against oxidative stress, lowers blood pressure and cholesterol, prevents prostate cancer

## Tomato Powder

- Scientific name: Solanum lycopersicum
- Flavor: Concentrated, sweet, acidic, slightly umami
- Health benefits: High in vitamin C, lycopene, and antioxidants, protects against oxidative stress, lowers blood pressure and cholesterol, prevents prostate cancer

## Turmeric

- Scientific name: Curcuma longa
- Flavor: Earthy, bitter, peppery, slightly mustard-like
- Health benefits: Contains curcumin, a compound that has anti-inflammatory and antioxidant properties, improves brain function, lowers blood sugar and cholesterol, prevents Alzheimer's disease and cancer

## Vegetable Bouillon Powder

- Scientific name: Varies depending on the ingredients, e.g. Daucus carota for carrot, Apium graveolens for celery, Allium sativum for garlic
- Flavor: Savory, salty, umami, herbaceous
- Health benefits: Provides essential minerals, enhances flavor, adds depth and richness to dishes

## White Pepper

- Scientific name: Piper nigrum
- Flavor: Spicy, earthy, slightly floral, less pungent than black pepper
- Health benefits: Contains piperine, a compound that has anti-inflammatory and antioxidant properties, improves digestion, stimulates appetite, enhances bioavailability of other nutrients